



REEL TALK

Surf Casting & Angling Club of WA Inc
January 2020



Surf Casting and Angling Club of WA (Inc.)

PO Box 2834, Malaga WA 6944

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Club Web page: <http://www.scac.net.au>

Acknowledgement of Donors

The club gratefully acknowledges the support from companies, organisations, club members and families for the donations towards our Presentation night.

Club Members:

Mal Head, Peter Osborne, John Curtis,

Bob Henderson, Alan Jones, Pat McKeown

Company Sponsors:

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Belmont City Medical Centre (Dr Sri Srigandan)

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Western Angler Magazine

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Thank you for your valued support.

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Club Committee for 2019 - 20

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Website Coordinator

Peet Wessels

AAAWA Delegages

Victor Schilo, Martin Wearmouth

All club emails should be sent to secretary@scac.net.au and all correspondence posted by mail should be addressed to:

PO Box 2834, Malaga WA 6944



SCAC Life Members

George Holman, Eric Parker, Ian Cook, Bob Henderson, Terry Fuller, Mal Head, Peter Osborne

Deceased life members: Vic Davis, Doug Edward, Lloyd Dunn, Dudley Brown, Noel Knight, Les Shand, Ron Kildahl, Bob Klein, Jim Strong

Presidents report January 2020



I hope everyone had a great Christmas, I had a relaxing time with family and friends, enjoying some food and exchanging of gifts, with New Year just a few days away I hope everyone has a safe start to 2020 and has a chance to spend some time enjoying our summer weather.

I have been doing some drone fishing at Floreat with only 1 Eagle ray so far getting the hook, It is quite relaxing after the bait gets dropped out sitting back hoping for a fish to take the bait, Early morning is the best time with light winds being a must so the drone is not having to battle a strong wind while carrying the rig and bait, If anyone is keen to give it a try please contact me and I can make a time to meet up and show you how it works.

Let's hope that 2020 is a great year for our club.

Martin Wearmouth; President



Quote for the Month



January 2020 General Meeting

Wednesday 14 January 2020

Coolbinia Sports Clubroom; Wordsworth Avenue, Yokine.

Agenda: Please notify the Secretary if you have any items for General business.

Field day venues for 2019/2020

Dates	Venue	Boundaries
25 – 27 January 2020 Long weekend	Open Lines down 6am Saturday Lines up 9am Monday	Open anywhere in WA
15 – 16 February 2020	Busselton to White Hills and standard local Lines down 9.30am Saturday Lines up 9am Sunday	Busselton to White Hills and local as below at bottom of page
29 February – 2 March 2020 Long weekend	Reef Beach Bremer Bay and standard local Lines down 6am Saturday Lines up 9am Monday	Reef Beach and local as below at bottom of page
11 April – 13 April 2020 Long weekend	Bluff Creek and standard local Lines down 6am Saturday Lines up 9am Monday	Cheyne and Bluff Creek area and local as below at bottom of page

Local boundaries are from Lancelin in the North to Point Peron in the South

Lines Down for long weekends and Rottnest – Saturday 6.00am

Lines up for long weekends and Rottnest – Monday 9.00am

Lines Down on Standard weekends – Saturday 9.30am

Lines up on Standard weekends – Sunday 9.00am

Sign-on / Weigh-in times, possible fish together spots and locations to be decided at the general meeting prior to the Field Day

DRYCASTING – 2ND DECEMBER 2019

It's difficult to find something to write about when only 4 turn up plus 1 visitor in Terry Willison, but I will do my best.

Conditions for the day were great, warm but not too hot with an easterly wind behind for the distance casting.

Some good scores and distances were achieved on the day, especially for Gary who scored 171 in the DHA. This score is only just behind the national record which is held by Gary. Well done!

Some of the distances were as follows. 56gr 151m, artificial bait 135m and 112gr 165m. Mark was just behind his best 112gr for the year by 1m. Hendo had his best 112gr for quite some time with 156m.

Our next 2 casting days are the first Monday of the month. Hope to see a better roll up next month.

I will take this opportunity to wish everyone a merry and safe Christmas and all the best for the new year.

DCO

Ron Thomas

DRY CASTING DATES

Monday 6 January 2020

Monday 3 February 2020

Monday 9 March 2020

**Perth Polo Ground
Meadow Street
GUILDFORD**

SURF CASTING & ANGLING CLUB													
Dry casting results - 2nd December 2019													
	56 gram					Artificial Bait					112gram		
	Cast	Cast	Total			Cast	Cast	Total			Cast	Cast	Total
Veterans	1	2		%		1	2		%		1	2	
BOB HENDERSON	140.56	136.27	276.83	91.71		109.62	115.35	224.97	83.54		136.32	156.05	292.37
RON THOMAS	150.85	151.01	301.86	100.00		134.06	135.23	269.29	100.00		157.68	165.08	322.76
GARY GILDERSLEEVE	127.74	137.65	265.39	87.92		B/O	OUT	0.00	0.00		129.61	129.36	258.97
Seniors													
MARK HANSEN	110.24	B/O	110.24	100.00		112.41	108.60	221.01	100.00		123.43	126.27	249.70
Visitors													
TERRY WILLISON	DNC	DNC				DNC	DNC				DNC	DNC	

SURF CASTING & ANGLING CLUB													
Dry casting results - 2nd December 2019													
	Double Handed Accuracy											Total	Attendance
	Target number												Total
												D/Casting	Points
Veterans	3	3	1	1	4	4	2	2	Total	%			
BOB HENDERSON	19	16	19	19	8	9	22	20	132	77.19	1st	2nd	1st
RON THOMAS	21	22	11	15	18	21	16	20	144	84.21	2nd	1st	2nd
GARY GILDERSLEEVE	20	15	24	22	22	23	22	23	171	100.00	Total	%	%
Seniors													
MARK HANSEN	8	17	9	18	11	8	22	11	104	100.00			
Visitors													
TERRY WILLISON	15	20	21	24	15	0	15	14	124				

VETERANS BEST CASTS FOR THE YEAR 2019 - 2020													
LONGEST 56 GRAM										151.01		RON THOMAS	
LONGEST ARTIFICIAL BAIT										135.23		RON THOMAS	
LONGEST 112G										165.08		RON THOMAS	
HIGHEST DOUBLE HANDED ACCURACY										171		GARY GILDERSLEEVE	
HIGHEST SINGLE HANDED ACCURACY										36		RON THOMAS	
SENIORS BEST CASTS FOR THE YEAR 2019 - 2020													
LONGEST 56 GRAM										110.24		MARK HANSEN	
LONGEST ARTIFICIAL BAIT										112.41		MARK HANSEN	
LONGEST 112G										127.62		MARK HANSEN	
HIGHEST DOUBLE HANDED ACCURACY										133		MARK HANSEN	
HIGHEST SINGLE HANDED ACCURACY										27		MARK HANSEN	

Birthdays for January

Paul Terpkos 6th; Pat McKeown 18th; Emma Wignell 27th

Wishing you all the best on your important day.

-MEMBERSHIP NEXT OF KIN REMINDER -

Following a recent incident where information on Next-of-Kin was required, and we as a club were unable to locate up to date information.

As a result, the Committee has added a Next of Kin section to the Application for Membership Form.

Can you please complete the new form and return it to the Secretary as soon as possible so that we can bring our records up to date?

Thank you for your assistance in this matter, and the Committee apologises for any inconvenience caused.

Surf Casters December 7 – 8 Fishing field day

Peter Osborne and Martin Wearmouth met at Wilbinga at 7am on Saturday 7th December to head to Hill River for the field day, the weather was ok and the trip up went without any issues, we let our tyres down at the car park and headed north to the river where Peet and Sandra Wessels had already set up on Friday having decided to go up early, Ron Thomas had also gone early Saturday and arrived about 5am.



The wind was North West and about 15 knots and through the day moved around to Westerly then West South West getting up to 20 knots at sunset, all day we had the wind in our face which was a nice change to it howling down the beach but the fish did not seem to like it, not much was caught through the day, I tried the river but only caught small 15-20cm bream.



Most of the day was sunny with some cloud coming in, Perth did get some rain but none made it to Hill River so fishing conditions were good all day, Ron tried for hours with his light rod to catch some herring or whiting but they did not seem to be hungry the baits got taken quickly but not many fish took the hook, same with the large baits small fish picked them off quickly but not many good bites through the day.

On sunset we did get a run of tailor, Ron managed 6 and the rest got a couple but all I could get was 2 undersize tailor, Peter Osborne did get a small mulloway, most of us went to bed about 9pm but Peter stayed up longer and managed a Tailor around 10pm.

The morning fishing was not much better, Ron did catch a tailor and herring but with not much around we packed up early and headed back to the car park about 8am for the weigh in, Geoff Raftis had fished Jurien Bay and caught 2 herring, the weigh in was done and everyone left for home.

Mark Hansen fished Fremantle and caught a herring, Gary Parkinson tried Yanchep and found a lot of sea weed, he moved to Hillary's which also had sea weed and no fish.

That is our last trip for 2019 and a list of proposed locations for next season has been sent out, if you have any ideas please let me know, Let's hope for some good fishing and great weather for our 2020 field days.





ANGLER		Species	Species	Species	Species	Species	Species	Total weight	No. of Species	No. of fish	F.D. points	Attendance		Total points
		Tailor	Whiting (other than listed)	Mulloway	Herring, Australian	Flounder (all species)	Flathead (all species)					Field Day	General Meeting	
Ron Thomas	Number	7	3		1									
	Total weight	2.17	0.38		0.12			2.67	3	11	67.7	1	1	87.7
	Weight of best													
Peet Wessels	Number	2	5		1	1	1							
	Total weight	0.76	0.48		0.14	0.22	0.12	1.72	5	10	77.2	1		87.2
	Weight of best	0.57												
Peter Osborne	Number	1	1	1										
	Total weight	0.30	0.07	1.66				2.03	3	3	53.3	1		63.3
	Weight of best													
Sandra Wessels	Number	3	2											
	Total weight	1.30	0.12					1.42	2	5	39.2	1		49.2
	Weight of best													
Martin Wearmouth	Number		3											
	Total weight		0.35					0.35	1	3	16.5	1	1	36.5
	Weight of best													
Geoff Raftis	Number				2									
	Total weight				0.26			0.26	1	2	14.6	1	1	34.6
	Weight of best													
LOCAL														
Mark Hansen	Number				1									
	Total weight				0.13			0.13	1	1	12.3	1	1	32.3
	Weight of best													
Gary Parkinson	Number													
	Total weight											1	1	20.0
	Weight of best													

Top scores up to December		
Rank	Angler	Total points
1	Martin Wearmouth	905.7
2	Peet Wessels	702.3
3	Sandra Wessels	543.7
4	Mark Hansen	481.6
5	Peter Osborne	466.5
6	Gary Parkinson	340.8
7	Shane Wignell	297.3
8	Sabby Pizzolante	251.0
9	Vincent Tomazin	230.4
10	Mark Nurse	190.5
11	Ron Thomas	147.7
12	Theo Van Niekerk	142.5
13	Sri Srigandan	139.7
14	Victor Schilo	123.2
15	Stuart Waterman	115.4
16	Paul Terpkos	114.8
17	Brad Zaknich	63.6
18	Slawka Schilo	50.0
19	Chris Stickells	49.8
20	Wally Lukic	47.6
21	Geoff Raftis	34.6
22	Ian Taggart	20.0
23	Pat McKeown	20.0
24	Bob Henderson	10.0
25	Justin Rose	10.0
26	Malcolm Head	10.0
27	Anthony Terpkos	10.0

Open Letter to SCAC Members

Good morning Victor.

Regarding the Surfcasters “shack” at Kalbarri!

I would like to thank your great team at Surfcasters for allowing me the privilege to purchase the Surfcasters “shack” at Kalbarri.

I do know that some of the older members will be chuffed to see the transformation of the house, and I do know how hard a lot worked to get it to the liveable stage, in the older days (see attached drawings I have been able to find at the shire of those changes).

We purchased it hoping to enhance my better half and my Superannuation and is a long-term investment.

Please find attached photos and drawings of what we did, and some of the enhancements completed. At the moment there has been a hiccup with the floor tiling in the kitchen and lounge, but I will eventually get these re-laid, but is only a nuisance not a structural issue.

Things we have done, and no specific order

- Removed front Porch and placed a veranda with a ramp to the backyard along the front of the house and on the northern side past the laundry and to the backyard, for disabled access, as well as ease for all.
- Made the veranda so the Northern door out of the laundry is the same height and the ramp helps to gain access to the back yard.
- Placed the gas bottles away from driveway and made them accessible for replacement behind a gate on the Northern side.
- Placed hot water system on the veranda to access easy for maintenance.
- Ran power and water to the SE corner of the block for wash down and eventually a shed.
- Put a disabled/infirm/extra master bedroom on the Northern side of the back patio where your fish cleaning bay was.
- With this we have updated the plumbing to accept this room
- In the disabled/infirm/extra master bedroom, we have placed a disabled/infirm toilet and shower
- Air conditioning and a ceiling fan in this room.
- Walk in robe that is open so wheelchair access can get into all areas in that room
- Double bed only in this room to allow more room.
- Wheelchair access temporary ramps, that can easily be put in place or removed to access the front veranda, and the disabled/infirm/extra master bedroom
- From the disabled/infirm/extra master bedroom a sliding door to the patio
- Blocked off the access to the main bedroom from the lounge room.
- Placed another passageway from the kitchen out to the old patio, new disabled/infirm/extra master bedroom, and made access into the main bedroom via this passageway.
- Removed the Eastern Windows from the Northern Bedroom and placed new ones facing North.
- Tiled the whole house floors and patio
- Replaced the patio with compliant roofing and posts
- Installed a Sea Container in the yard for storage of maintenance items and extra bedding.
- In the Northern Bedroom we have placed an additional Bed that is a Double Bed and a bunk, also in that room is a cupboard and one of your large original bunk beds.
- We left for now in the lounge room the large bunk bed and has been ideal for families with little ones.
- A complete new kitchen cupboards and sink
- New gas/electric stove
- New curtains
- New bedding (no linen) in covers and bed mattress and pillow protectors.
- New 1.8m high metal fence on the Southern side of the property, will eventually do the Northern one to remove all the asbestos from the property.

- Painted the Hardi and Asbestos fencing.
- Put a bore in and have the backyard fully reticulated.
- Bore high pressure standpipes for washing out boats and vehicles.
- Out the front we have laid gravel, and placed items on the trees to enhance the appearance of the yard (surfboard and craypot)
- Placed a dinky on the front Northern side that is fed with the bore water and is full of herbs and looks good there.
- The lawned area at the back has been cut right back and levelled, and hopefully we are on top of the “walkaway burr” that had taken over the yard, and the reticulation will ensure that soon the lawns will take off and create another cool area for the grandkids and families to play in.
- The fish cleaning bay has cold and hot water
- All the lights have been upgraded to LED

Again, my wife Dianne and I feel privileged, that we have been given this opportunity to keep the property “in the fishing family”, and hope that you can still enjoy the area, whenever you feel the urge.

All bookings are made through Ray White Kalbarri raywhitekalbarri.com.au/ and just mention you are friends of us, and ex owners of the “shack”, and they will look after you, speak with Loni or Deb. They have also been proactive in what we have done, and the advice was not always taken well, but was only for the better for all clients that wished to stay there, and now Di who had not seen the upgrade till last weekend, is over the moon with their advice and help, (a great relationship is now formed with them).

Regards

Pat Shinnick

AAWA Patron, LAAC Patron & AAA Rep, Commander of Marine Rescue Lancelin and Life Member.

Editor’s Note:

Congratulations Pat, on a magnificent renovation. The property now looks great and useable. This has been a win-win for both the club and you. The SCAC members still have access to the property and at the same time have the advantage of receiving an income from the sale proceeds.



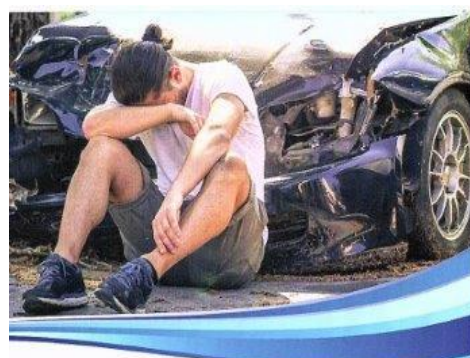




FDO Away Field day suggestions for 2020/2021		
Dates	Suggested venue	Reasons / Details
9 - 10 May 2020	Rottneest Island. Open Local	Best tides in May. Sat 9th 8.30pm 0.27m & Sun 10th 9.45pm 0.28m. Full moon 7th May
30 May - 1 June Long Weekend	AAA Rock and Beach	Horrocks to Wagoe area
13 - 14 June 2020	Open - Go anywhere in WA.	
11 - 12 July 2020	Open - Go anywhere in WA.	
22 - 23 August 2020	Rottneest Island. Open Local	Best tides in Aug. Sat 22nd 6.03pm 0.26m & Sun 23rd 5.31pm 0.27m. new moon is Wednesday 19th
26 - 28 September 2020 - Long Weekend	Reef Beach Bremer Bay	Queens birthday/WA Day Long Weekend
17 - 18 October 2020	Dunsborough to White Hills	less weed than going north maybe
14 - 15 November 2020	Cervantes to Leeman	
28 - 29 November 2020.	AAA Estuary	28th /29th November in the Peel Harvey Estuary
12 - 13 December 2020	Lancelin to Greenhead	
Sunday 24 January and Monday 25th January 2021 make own long weekend Australia day is Tuesday 26th	Open - Go anywhere in WA.	Australia day on Tuesday 26th not a long weekend but could take Monday off for those that work and make a long weekend if want to fish further away from Perth, maybe have the field day on Sunday and Monday so we can travel Saturday and Tuesday
13 - 14 February 2021	Dunsborough to White Hills	
27 Feb - 1 March 2021 - Long Weekend	Geraldton to Kalbarri	Maybe book into Horrocks or Port Gregory
2 - 5 April 2021 -Easter Long Weekend	Bluff Creek.	Easter LWE. Good Free camping and beach fishing, Salmon present
24 - 26 April 2021 - Long Weekend	AAA Rock and Beach	24th/26th April (Anzac Day Long Weekend) at Cheynes Beach/Bluff Creek. Boundaries are Bremer Bay to Albany

Please check out the above and feel free to make your suggestions at the January meeting.

The dangers of driving tired



DID YOU KNOW?

More than one Australian dies every day from falling asleep at the wheel of a vehicle or from industrial accidents due to lack of sleep.

Most of us are familiar with the effects of driving while intoxicated by alcohol or drugs but a lot of people don't realise that driving drowsy can be just as dangerous.

Research shows that being awake for 17 hours has the same effect as being over the legal alcohol limit.



We don't tolerate drunk drivers on our roads, why should we tolerate drowsy drivers? Don't let you or one of your friends be another drowsy driver who "died in his sleep". Know the signs and tips for staying safe on the road.

SIGNS OF DROWSINESS

- Eyes closing, frequent blinking, or trouble focusing
- Trouble keeping your head up
- Drifting between lanes, hitting a shoulder
- Constant yawning, rubbing your eyes
- Daydreaming/wandering thoughts
- Difficulty concentrating on driving, missing exits or traffic signs

If you are feeling sleepy or notice any of these signs stop driving immediately.

YOU CAN'T CHEAT SLEEP. THE ONLY WAY TO REDUCE SLEEPINESS IS SLEEP.

Tips for Staying Safe on the Road:

- Make sure you have had plenty of sleep before you leave. Less than six hours sleep in the prior 24 hours puts you at a significantly higher risk of a fatigue related accident that can result in death or serious injury.
- Be aware of the effects of medications you are taking (some may increase drowsiness)
- Plan to rest at least 15 minutes every 2 hours and don't drive for more than 10 hours in a day.
- Don't rush. It's better to arrive at your destination safe than on time
- Do not drink alcohol. Even very small amounts of alcohol will enhance drowsiness
- Avoid driving when you're supposed to be asleep eg: 1am and 6am, as this is a time when sleepiness is most intense
- Do not rely on short-term remedies to offset the feelings of fatigue e.g., turning up music, drinking coffee/energy drinks etc. If you feel tired or notice signs of drowsiness pull over and take a short power nap

MYTHS

1. **Coffee/energy drinks help you stay awake.**
FALSE. Drinks containing caffeine may help you feel more alert for a short time however they are not a substitute sleep. There is only one way to reduce sleepiness and that is sleep.
2. **You know when you are going to fall asleep.**
FALSE. In a test, nearly four-fifths of people said they could predict when they were about to fall asleep. They were wrong. If you're drowsy, you can fall asleep and never even know it. You also cannot tell how long you've been asleep. When you're driving, being asleep for even a second can kill you or someone else.



Supplied by John Crompton

SOLUNAR PREDICTIONS FOR PERTH FOR JANUARY 2020

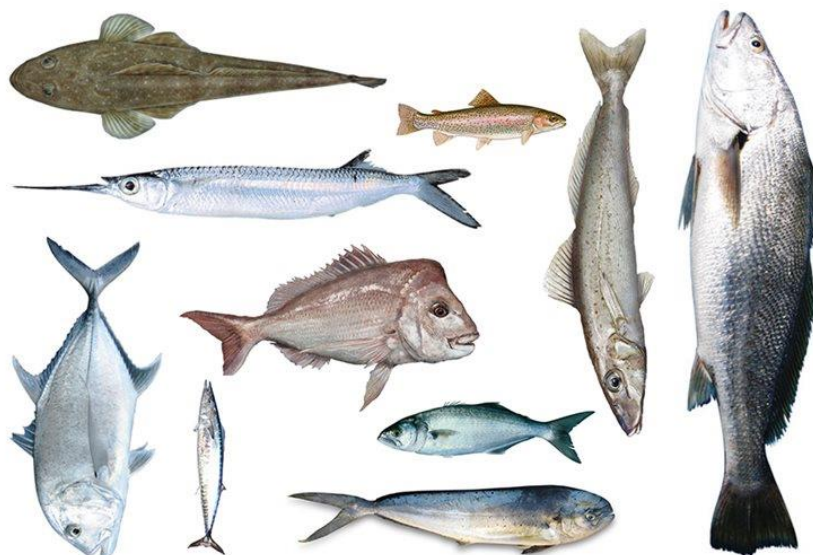
DAY / DATE	PREDICTION	PREDICTED PRIME TIMES		MOON PHASE
Wed 01/20	POOR	16:03	03:42	
Thurs 02/20	POOR	16:44	04:24	
Fri 03/20	POOR	17:25	05:04	FIRST QUARTER
Sat 04/20	POOR	18:06	05:45	
Sun 05/20	POOR	18:49	06:27	
Mon 06/20	POOR	19:34	07:11	
Tues 07/20	FAIR	20:23	07:58	FIRST GIBBOUS
Wed 08/20	FAIR	21:15	08:48	
Thurs 09/20	BESAT	22:11	09:43	
Fri 10/20	GOOD	23:10	10:40	
Sat 11/20	GOOD	00:10	11:40	FULL MOON*
Sun 12/20	BEST		12:40	
Mon 013/20	GOOD	00:09	13:37	
Tues 14/20	GOOD	02:05	14:33	LAST GIBBOUS
Wed 15/20	POOR	02:59	15:25	
Thurs 16/20	POOR	03:51	16:16	
Fri 17/20	POOR	04:41	17:06	LAST QUARTER
Sat 18/20	FAIR	05:31	17:56	
Sun 19/20	GOOD	06:21	18:47	
Mon 20/20	GOOD	07:12	19:39	
Tues 21/20	FAIR	08:05	20:32	LAST CRESCENT
Wed 22/20	FAIR	08:59	21:27	
Thurs 23/20	FAIR	09:54	22:21	
Fri 24/20	FAIR	10:47	23:13	
Sat 25/20	GOOD	11:39	00:04	NEW MOON
Sun 26/20	BEST	12:28		
Mon 27/20	BEST	13:14	12:51	
Tues 28/20	BEST	13:58	01:36	
Wed 29/20	GOOD	14:40	02:19	FIRST CRESCENT
Thurs 30/20	FAIR	15:19	03:00	
Fri 31/20	POOR	16:01	03:41	

These are the predicted **MAJOR** Solunar periods for this month, adjusted to Perth time.

For anglers in the Pilbara and in Esperance, they will need to deduct approximately 15 minutes.

For minor periods add approximately 6 hours 45 minutes to these times.

* Partial eclipse visible around 3AM WAST



SUNRISE, SUNSET, MOONRISE AND MOONSET TIMES FOR PERTH JANUARY 2020

DAY / DATE	SUNRISE	SUNSET	MOONRISE	MOONSET
Wed 01/20	05:14	19:26	10:32	23:35
Thurs 02/20	05:14	19:26	11:26	
Fri 03/20	05:15	19:26	12:19	00:04 f
Sat 04/20	05:16	19:26	13:12	00:32 f
Sun 05/20	05:17	19:26	14:07	01:02 f
Mon 06/20	05:17	19:27	15:04	01:33 f
Tues 07/20	05:18	19:27	16:03	02:08 f
Wed 08/20	05:19	19:27	17:05	02:47 f
Thurs 09/20	05:20	19:27	18:06	03:33 f
Fri 10/20	05:21	19:27	19:06	04:26 f
Sat 11/20	05:21	19:27	20:03	05:26 f
Sun 12/20	05:22	19:26	20:54	06:31 f
Mon 013/20	05:23	19:26	21:39	07:39 f
Tues 14/20	05:24	19:26	22:19	08:48 f
Wed 15/20	05:25	19:26	22:57	09:56 f
Thurs 16/20	05:26	19:26	23:32	11:02 f
Fri 17/20	05:27	19:26		12:07
Sat 18/20	05:28	19:25	00:07	13:11
Sun 19/20	05:29	19:25	00:43	14:15
Mon 20/20	05:30	19:25	01:22	15:19
Tues 21/20	05:30	19:24	02:04	16:21
Wed 22/20	05:31	19:24	02:51	17:21
Thurs 23/20	05:32	19:24	03:42	18:16
Fri 24/20	05:33	19:23	04:36	19:06
Sat 25/20	05:34	19:23	05:33	19:50
Sun 26/20	05:35	19:22	06:30	20:29
Mon 27/20	05:36	19:22	07:27	21:04
Tues 28/20	05:37	19:21	08:22	21:35
Wed 29/20	05:38	19:21	09:16	22:04
Thurs 30/20	05:39	19:20	10:10	22:33
Fri 31/20	05:40	19:19	11:03	23:01

Please Note:

These times will be adequate for general purpose use in the Perth metropolitan area. However, corrections must be applied for other locations in Western Australia.

Where a rise time is noted with a 'p', it means that the time listed is for the day previous.

Where a set time is noted with an 'f', it means that the time listed is for the following day.

This complication is because the Moon rises, transits and sets almost an hour later every night, so every few days there is a 24-hour 'calendar day' in which the Moon either doesn't rise, or doesn't set.



PREDICTED FREMANTLE TIDES PERTH JANUARY 2020

DAY / DATE	TIME AND PREDICTED HEIGHT							
Wed 01/20	07:30	0.57	23:18	0.91				
Thurs 02/20	07:41	0.59	21:40	0.87				
Fri 03/20	07:49	0.61	18:37	0.88				
Sat 04/20	07:46	.63	18:36	0.93				
Sun 05/20	06:35	0.63	18:43	0.99				
Mon 06/20	05:25	0.59	18:57	1.04				
Tues 07/20	05:05	0.54	19:21	1.10				
Wed 08/20	05:13	0.48	19:51	1.15				
Thurs 09/20	05:30	0.42	20:25	1.18				
Fri 10/20	05:56	0.38	21:00	1.19				
Sat 11/20	06:29	0.36	21:37	1.18				
Sun 12/20	07:03	0.37	22:13	1.14				
Mon 013/20	07:39	0.41	22:45	1.08				
Tues 14/20	08:10	0.46	23:11	1.00				
Wed 15/20	08:29	0.53	23:22	0.90				
Thurs 16/20	07:45	0.60	20:37	0.84				
Fri 17/20	07:15	0.62	17:54	0.88				
Sat 18/20	07:05	0.61	18:15	0.95				
Sun 19/20	05:35	0.57	18:34	1.02				
Mon 20/20	04:12	0.50	18:52	1.07				
Tues 21/20	04:45	0.45	19:18	1.11				
Wed 22/20	05:18	0.42	19:50	1.13				
Thurs 23/20	05:47	0.41	20:20	1.14				
Fri 24/20	06:11	0.42	20:51	1.12				
Sat 25/20	06:28	0.44	21:17	1.10				
Sun 26/20	06:45	0.47	21:41	1.07				
Mon 27/20	06:54	0.50	22:05	1.03				
Tues 28/20	06:40	0.54	13:30	0.72	15:40	0.72	22:30	0.99
Wed 29/20	06:34	0.56	13:49	0.76	16:23	0.75	22:55	0.94
Thurs 30/20	06:41	0.58	14:18	0.80	17:17	0.78	23:11	0.88
Fri 31/20	06:48	0.60	14:56	0.84	18:45	0.82	21:21	0.85

NOTE: These are the predicted tides for Fremantle and there may be some variation due to wind strength and direction.

Have you ever been driving and found your eyelids start to droop, your eyes go out of focus and you can't stop yawning?

Perhaps you can't remember driving the last few kilometres? If so you have been a "drowsy driver" and you're not alone! Surveys suggest that 60% of adults report driving while feeling drowsy. Twenty percent report that they had actually dozed off while driving.

Excessive daytime sleepiness affects at least 20% of the population. It has a significant impact on quality of life and can put you and others at risk of death or serious injury due to motor vehicle and workplace accidents.

Accurately identifying the cause of daytime sleepiness is important, not only because of the negative impacts of sleepiness and its root causes on health and social function but because excessive sleepiness is generally remediable with appropriate treatment.

If you are feeling sleepy or excessively tired during the day despite regularly sleeping at least 8 hours a night speak to your doctor.

For more information visit our website sleepoz.org.au

SLEEPY DRIVERS DIE

SLEEP DISORDERS AUSTRALIA

SDA

SLEEP DISORDERS AUSTRALIA

Sleep Disorders Australia
Queensland Branch
34 Diamantina Street
Chapel Hill QLD 4069

Phone: 0405 917 736
Email: michelle.chadwick@sleepoz.org.au
Website: sleepoz.org.au

[fb.me/SleepDisordersAustralia](https://www.facebook.com/SleepDisordersAustralia)
[@SleepAust](https://twitter.com/SleepAust)

PROUDLY SUPPORTED BY **RACQ**

FRIDAY NIGHT FISHING SESSIONS 2020

DATE	TOPIC	NOTES
10 th January	Planning and preparation for safe outback travel;	1st Jan New Year's Day
	Vehicle tool kit and recovery kit for remote areas;	26 th Jan Australia Day (Sunday)
	Off road driving and convoy procedure.	27 th Australia Day Holiday
	Vehicle awareness and checklist (WAPS Handbook)	
7 th February	Remote area first aid; remote area first aid kit;	Leap Year 29 days in February
	First Aid in the bush; - first responder	
	Critical incident management –;	
	Required contents of a remote area first aid kit	
	Bush survival techniques	
6 th March	Fishing the river for flathead, flounder, whiting and mullocky, black bream and cobbler.	2 ND Mar Labour Day
	Digging for worms in the Swan and Canning.	
	Collecting bait in the Swan and Canning rivers	
3 rd April	Tidal theory; solunar theory; reading the waves	10 th April Good Friday
	Replacing trebles with assist hooks; Tweaking lures	13 th April Easter Monday
	Casting single handed rods effectively	25 th April ANZAC Day
	Choosing the right hook for the job	27 th Monday ANZAC Holiday
1 st May	Sinker making night	10 May MOTHERS' DAY
	Bring your own <u>clean</u> lead and moulds to make sinkers	
	Making burley cages, simple poppers and lead fish lures	
	Making lure moulds	
5 th June	Reel maintenance;	1 ST June W A Day
	Emergency rod and reel repairs	
	Knot tying – FG knot, Centauri, Uni knot, spider hitch etc.	
	Joining lines; Mono vs braid vs fluorocarbon.	
3 rd July	Seasonal species list what to catch where and when	
	Fishing locations in W A	
	Fishing safety bites, stings, removing hooks from flesh	
	Extended trip planning, preparation and packing	
7 th August	Rigging and using soft plastics	
	Selection of suitable knives; Knife sharpening	
	Photographing your catch	
4 th September	Smoking night	28 th Sep Queens Birthday
	One pot (palatable) camp meal ideas	
2 nd October	Fishing for snapper from shore	
	Slide baiting (possibly a practical at E Shed wharf)	
	Ballooning – fishing for pelagics from shore	
	Drone fishing discussion – rigs and using a drone	
6 th November	Fly fishing in sweet and saltwater	
	Flies for use in sweet and saltwater	
	Identifying structure in the water	
4 th December	Christmas Wind Up	25 th Dec Christmas Day
	Creek crossings in a vehicle; navigating with a map and	26 th Dec Boxing Day
	compass; correct radio operating procedure;	28 th December Boxing Day Holiday
	Recovery of a bogged vehicle on your own.	

Please Note: Topics are subject to change without notice due to availability of presenters
Other topics can be included upon request but please allow sufficient time to plan and prepare.

**The Friday Night Sessions are run by John Curtis and are open to all SCAC members.
Please contact John on 0412 776 558 for more information**

AAAWA Notes from Delegate's meeting 17th of November 2019

Brag Mats:

These are now available, and Delegates are to go back to clubs and advise if they want additional mats.

Web Site;

Delegates were reminded that the correct web site address is aaa-wa.org.au and members are reminded to use it. The old site is now defunct and is not being updated.

Email Addresses:

Email addresses for the Executive are;

secretary@aaa-wa.org.au

president@aaa-wa.org.au

treasurer@aaa-wa.org.au

recorder@aaa-wa.org.au

Due to the amount of SPAM emails being received on the old email address, this is no longer being checked regularly.

Round 10 Applications for Funds from RFIF

Reefishwest are reviewing the applications for funding assistance and these will be advised shortly.

Special Business or Notices of Motion:

There were two Notices of Motion presented to the previous meeting.

One from Peter Osborne, ORSSC relating to modifications to the rules for Rock and Beach and Estuary State Championships Competition. (See attached). This was discussed at length and some delegates were not happy with the motion. It is to be voted on at the next meeting.

The other concept was presented by Martin Wearmouth, SCAC related to introducing a variation to competition rules where anglers could catch and release and record unwanted fish rather than kill them just to weigh them in. It was discussed briefly but as there was no formal put is lay on the table until Martin has formulated the motion.

The Notices of Motion relating to the changing of the Rock & Beach and Estuary Rules is to be voted on that the January Meeting.

The second motion relating to a "catch-and-release" is to be discussed at the January Meeting and voted on at a later date.

Presidents Report:

President spoke of a recent trip to Lancelin to attend their Boat and Trailer Inspection Day.

LAAC arranged for St John's, FESA, Lancelin VSRG, and other relevant parties such as boat and trailer servicing specialists, Reefishwest and AAWA all making presentations.

He recommended that all boating clubs speak with Pat Shinnick and arrange to do a similar check amongst their club members during the demersal closure next year. It will encourage members to check their boats before the season and also encourage a wider safety approach to boating and fishing and check gear and equipment prior to the season.

He also noted that he had heard on ABC Radio that the Minister for Fisheries Dave Kelly had relinquished his portfolio and the new Minister for Fisheries is the Hon Peter Tinley. Not a lot is known at the moment however there will be press releases and media statements forthcoming.

Estuary; Rock & Beach Report

Due to the absence of Russell Bunce Kevin Murphy presented the report. The State Estuary event at Walpole was very successful and there were a few minor glitches however nothing significant. Russell had written to Rest Point Caravan Park thanking them for their efforts.

Boating Sub Committee Report:

Last Boating Sub-Committee Meeting was held last Thursday evening at Hillarys. All is in readiness for the March 2020 Boating Championships and all that is required are more adverts for the publicity booklet.

Dry Casting Report:

The Perth Polo Ground is undergoing maintenance at the moment and due to polo competitions being held on the ground casters are using it on the first Monday of the month. Due to a major competition in March on the 8 & 9 casting will be done on the 16th. Normal Sunday casting will resume in April.

Association Web Site:

Club information and club contact details, pictures and any other promotional materials from clubs are still required to be sent to the Secretary. Much of the information currently held is not correct.

Also club activities for inclusion in the Club Calendar of Events which is included with the Delegates Council Minutes is also required.

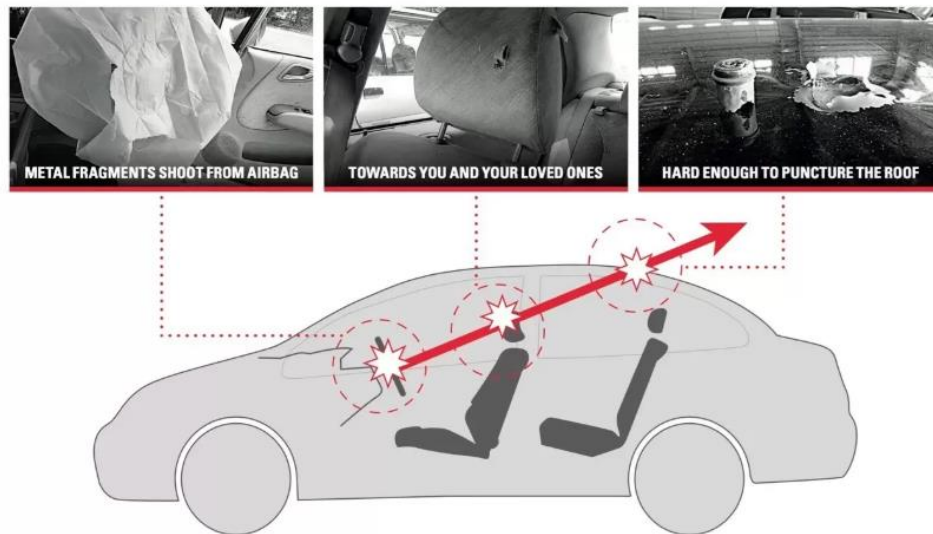
Prepared by John Curtis

Funding Approval for Club Drone



Takata Airbag recall just got much bigger and more dangerous

BY [ISAAC BOBER](#) • DECEMBER 19, 2019 (PAT CALLINAN'S 4X4 ADVENTURES
NEWSLETTERS@PATCALLINAMEDIA.COM.AU)



A recall is being issued for vehicles with Takata airbags running NADI 5-AT inflators...yes, this is a new type of Takata airbag with a dodgy inflator.

The Takata airbag recall (read: scandal) has just become a whole lot bigger and scarier with the news today that Takata airbags with a NADI 5-AT propellant are also potentially dangerous. Indeed, if you've already checked your vehicle and found it was safe, the Australian Competition and Consumer Commission (ACCC) is advising vehicle owners to check again...the www.ismyairbagsafe.com.au has been updated.

Like the other Takata airbag recall, the NADI 5-AT propellant has a tendency to breakdown and mis deploy in a collision and shower vehicle occupants with shrapnel. Not only that, apparently the bags could underinflate. Both Audi and BMW have already issued voluntary recalls.

According to the ACCC there are around 78,000 vehicles manufactured by Audi, BMW, Ford, Honda, Mazda, Mitsubishi, Suzuki and Toyota between 1996 and 2000 that have been fitted with the faulty airbags containing NADI 5-AT inflators.

Safety authorities in Australia have received reports of three incidents involving suspected mis deployments of these airbags in Australia. There has been a serious injury and a fatality in separate accidents involving BMW vehicles, and another serious injury resulting from an accident involving another vehicle, according to the ACCC.

The Department of Infrastructure, Transport, Cities and Regional Development, supported by the ACCC, has been in discussions with representatives of Ford, Honda, Mazda, Mitsubishi, Suzuki and Toyota since November to finalise satisfactory terms of voluntary recalls by these suppliers.

Please check to see if your vehicle is affected.

Bushfire safety tips for four-wheel drivers

By [Wes Whitworth](#) • October 31, 2019

(Pat Callinan's 4X4 Adventures <newsletters@patcallinanmedia.com.au>)



Check out our handy guide on bushfire safety for four-wheel drivers explaining what to do if you get caught in a bushfire situation while you're out camping.

Hopefully, by now, you've already sorted out your bushfire survival plan for you and the family if you get a bushfire near home (if not, [head over to here](#) and sit down with the family tonight and get this done – it will save lives). But do you know what to do if you get caught in a bushfire situation while you're out camping or on a day trip into a national park or state forest?

We had a chat with the awesome folks over at the New South Wales Rural Fire Service (NSW RFS), and together we've knocked up this essential guide to fire survival, to help keep you and your family safe.

PREPARATION IS KEY

Before we even get to what to do when the proverbial defecation hits the oscillator (see what we did there?), being well prepared is the most critical aspect of not getting in strife out in the scrub. We're not talking about having the fastest four-wheel drive to get you outta Dodge, but more about checking what's happening where you're generally heading and whether you even want to go in the first place.

First and foremost, get the 'Fires Near Me' app, it's available on Android and iOS, it's free, and is (usually) updated within minutes of a fire phoned into 000. You can see a map showing what's happening around you and also look throughout the whole state to where you're heading. Mind you, you'll need phone coverage, so you may not be able to rely on this out the back of buggery where there's no reception.

Next off the bat, you can check fire danger ratings via the same app, or on the NSW RFS website. Most weather apps will also give you an indication on them too; however, they are known to change throughout the day if they have a wind or weather change that wasn't forecast.

Knowing what the weather is going to do piggybacks on to the fire danger rating. Fire danger ratings take in to account the weather (temp, wind speed, humidity and dew point among other things). Sitting here in a beautiful 25-degree day with 60% humidity and 5km/h winds planning a trip for tomorrow without knowing what's going to happen isn't wise. Chances are, the very next day could be 35 degrees, with 10% humidity and blowing at 70 km/h – it happens, so keep an eye on the weather forecast.

The National Parks and State Forests websites will often have information on specific parks and forestry areas. They will have information if there is a fire burning in a particular park, and also will do a blanket park closure for an area if fire conditions reach a certain level (usually Severe or Extreme). Still, once they hit this level, hopefully, you've already decided to call off the trip.

Being able to call for help is a big one on higher fire danger days too. Whether you happen upon a wildfire and want to report it, or get caught by one and need to call for help, more often than not, your mobile phone may not cut it. Unless you're near a repeater station, chances are the UHF won't be able to get you to help either (side note: Channel 5 is the emergency repeater channel if you need to use it). So if you're heading somewhere remote, or a known phone reception black spot in high fire danger, either put off the trip or have another way to call for help, like a satphone or EPIRB.

Having an emergency survival kit is worthwhile too. I'm not going to go all 'doomsday prepper' on you but packed away with the first aid kit you should have a battery-powered radio, waterproof torch, woollen blanket (fire blanket) and some towels you can wet to put over your mouth in a pinch. Plus all the standard stuff you would have anyway (is there a Multitool in your kit? There should be).

If for any reason you're a bit unsure if you should go on that camping trip or day trip, don't. It's better to put it off for a weekend and spend the time in the shed working on your rig, or at the beach with the kids, than take a risk you don't need to.

IF YOU GET CAUGHT IN A FIRE

If you do happen to find yourself in a fire, or in the path of a fire, this is what you need to know. Before you even leave home, make sure you have your fire kit with you, and tell someone where you're heading and when you expect to be home – that way they know where to send the authorities if something untoward were to happen.

Stay in your four-wheel drive! That's the obvious one. It's safer in your vehicle, they're easier to find, and there's a good chance any helicopters that are called in to recce the fire, or start water bombing operations, they'll see your rig in the firing line and get someone there pronto.

While you're out and about, if you do see flames or an unattended fire, call 000 first and foremost, advise the operator what you've seen and the best location information you can get them; GPS coordinates work great if you're in the bush, or trail/road name. Tell them whether you're at risk and whether you're able to get out of the area. If you're unable to get out, they'll get help to you as the priority.

Next, you'll want to get your vehicle just off the road, in as clear an area as you can find. Preferably on bare dirt or the shortest grass, you can find. Parking over scrub or ferns will not do. Not parking under or near trees should be an obvious one, as fires generate their own wind, often enough to blow old trees over, and once they're burning they become compromised (they're called widow-makers for a reason).

If possible, point the front of your four-wheel drive towards the fire – if the car does start to burn and you need to evacuate, you're sheltered by the doors when you open them, and have a straight run away from the fire, instead of having to go around a door. Turn the engine off, but put both your headlights and hazard lights on, so someone will be able to find you through the smoke. When the

fire approaches, stay below the level of the windows, to protect yourself from radiated heat. You'll want to close all your vents and windows to limit the smoke that can enter your vehicle too. Keep calm.

Remember we spoke about having a woollen blanket with you earlier? This is where you get this out and cover yourself and your family with it for added protection. Same goes with that damp cloth over your mouth and nose to minimise smoke inhalation. This should go without saying, but hopefully, you're well-hydrated already, but make sure you have drinking water to hand and keep hydrated as best you can.

Once the fire and sound (trust me, you'll know the roar when you hear it) of the fire has passed, only then should you carefully leave the car. The exterior will be hot, and the ground around you will be too – but it's a lot safer on the burnt ground than it is in unburnt terrain.

If for whatever reason you're no longer with your vehicle, similar rules apply. Get yourself to bare ground, or that with the least amount of vegetation – remembering leaf litter on the ground burns, and well too. If you can find an area with a depression or 'trench' and you have time, clear any leaf litter out, and hunker down in the depression. There have been incidences where a fire has burnt across the top a person in a depression, and they have survived with some minor superficial burns, whereas if they were just out in the open, they probably would not have survived.

You also want to ensure you have woollen clothes with you – or cotton at the very least. Synthetic materials (nylon, polyester) melt when they get hot; suffice to say you don't want them melting while you're wearing them.

Hopefully, with these thoughts in mind, you'll stay safe and never get yourself in a bushfire situation. If you do, these tips will give you a solid idea on how to keep you and your family safe.

A note on Wes' bushfire experience: Wes has been a firefighter with the NSW RFS on and off for the better part of 18 years when he's lived near a rural fire station. He's been on the pointy end of the firefighting stick more times than he cares to remember and has been caught up in a few close calls.

FINAL THOUGHTS

Hopefully, with having a leisurely read of this guide, the knowledge imparted will help keep you and your family safe. Something worth thinking about too while fire season begins ramping up, many local brigades are screaming for members. You don't need to be retired or your own boss, as most brigades will take just about any help they can get at any time. Each year our fire seasons seem to be getting worse, and it's the volunteers that will turn up to save you and your family when you need them most. I can tell you the pay is terrible, and there are long hours involved, but you'll meet some fantastic people, make some great life-long mates, learn some incredible skills and get to do a service to your community. If you can spare even a few hours a week to give back, I'm sure your local brigade would love to have you. Get in touch with them and have a chat about joining up.

