

REEL TALK



DECEMBER 2022



Surf Casting and Angling Club of WA (Inc.)

November 2022 – Reel Talk Contents

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SCAC Life Members

Ian Cook, Bob Henderson, Terry Fuller, Mal Head, Peter Osborne

Deceased life members:

*Vic Davis, Doug Edward, Lloyd Dunn, Dudley Brown, Noel Knight, Les Shand, Ron Kildahl, Bob Klein, Jim Strong, Eric Parker, **George Holman (RIP 26.11.2022)***

President's Report - December 2022



I have been advised that George Holman has passed away; my condolences to all his family and friends. He held the Presidents position at the club for many years and put a lot of work into the club - may he rest in peace.

I would like to wish all members a Merry Christmas and Happy New Year. I hope you have time to spend with those you love and get some time to relax after another challenging year for most.

If you are fishing please keep in mind the open competition; if you catch any eligible fish please let us know, simply take a photo with a length and weight please and send it to Peet or myself.

Martin Wearmouth; President

December Christmas Meeting

Wednesday 7th December

Croatian Club in Wishart Street Gwelup

Meal at 7.00pm with meeting at 8.00pm

Please RSVP to secretary by noon Sunday 4th December

December Birthdays

Mal Head	1 December
Justin Rose	14 December
Sandra Wessels	20 December
Ron Thomas	27 December



IN MEMORIAM

George Holman, SCAC Life Member.

George joined the Surf Casting and Angling Club in February 1966.

By August, he was a Committee member as Assistant Field Day Organiser which started a long history of service to the Club in many roles on Committee until early 2016, totalling 50 years.

Club Committee jobs included President, Immediate Past President, Vice President, Property Officer, Delegate to AAAWA, Reel Talk Editor and general Committee member. <http://www.scac.net.au/OfficeBearersCommitteeSince1952.pdf> has the full list.

As Property Officer, George had a big role in the Club obtaining, financing, developing and maintaining its Kalbarri holiday home for Club members. In recent years, the proceeds from the sale of that property have supported the Club and current members.

George was awarded Life Membership of the Club in December 1980.

As Delegate to the Australian Anglers Association (WA Division), George had a long history of service in the positions of President, State Drycasting Officer, and helping run State Rock and Beach and Estuary fishing competitions and public Fishing Clinics.

George was a driving force for interclub competitions in Western Australia and interstate National Competitions run by the Australian Anglers Association, particularly drycasting.

George was always trying new rod blanks that he used to make up rods perfectly suited to the casting style required by the level line distance casting rules. But they needed to prove themselves. New rods always got a workout, casting in comparison to the previous best rods, and some rod blanks simply didn't perform and give the distances expected.

In later years George worked as a lawnmowing contractor and wanted to give his customers the service they asked for which meant many Saturdays were working days for him. So he could not go to the away venues and could only fish locally.

George was very successful in the Club fishing and drycasting competitions and so won the fishing and drycasting champion and Sportsperson of the Year many times as listed in <http://www.scac.net.au/Sportsperson.pdf>. When asked by a competitor how he was so successful, he pointed out that it was simply a matter of participation in as many events as possible.

But of course that didn't really cover that he was an exceptionally experienced shore-based fisher who knew what fish would be around, how to read a beach to find the spots most likely to produce fish under that day's conditions, and what rigs and baits to use.

He fished all along the coast of WA with many trips to iconic fishing places such as Steep Point, False Entrance, Quobba, S-Bend, Kalbarri, Wagoe, and many more. On those trips, he introduced many people to these types of fishing.

One of his favourite places was Bluff Creek beach, east of Albany, where the March long weekend field day was held many times. Camping in the dunes and driving on a spectacular beach were things that had become much more difficult as more restrictions were introduced in recent decades.

George was diagnosed with leukemia nearly four years ago. He endured chemotherapy and blood transfusions and several stays in hospital. By October he was advised by his doctors that further treatments were unlikely to be effective.

He entered palliative care at Glengarry Hospital and passed away on 26 November 2022 aged 80 years and 11 months.



George and Kaye Holman



George with double header of bream and skipper at Bluff Creek.

Article prepared by Terry Fuller

SCAC sends our thoughts and condolences to George's family and friends

Fishing calendar 2022-2023

Field day venues for 2022/2023

Dates	Venue	Boundaries
10 - 11 December 2022 Full moon 8th	Lancelin to Leeman Lines down 6am Saturday Lines up 9am Sunday	Lancelin to Leeman and local as below at bottom of page
21 – 22 January 2023 New moon 22nd	Open Lines down 6am Saturday Lines up 9am Sunday	Open anywhere in WA
4 - 5 February 2023 Full moon 6th	Lancelin to Jurien Bay Lines down 6am Saturday Lines up 9am Sunday	Lancelin to Jurien Bay and local as below at bottom of page
4 - 6 March 2023 Long Weekend Full moon 7th	Open – Reef Beach Lines down 6am Saturday Lines up 9am Monday	Open anywhere in WA
8 – 10 April 2023 Easter Long weekend Full moon 6th	Open - Bluff Creek area Lines down 6am Saturday Lines up 9am Monday	Open anywhere in WA
Local boundaries are from Lancelin in the North to Preston Beach in the South Lines Down on Standard weekends – Saturday 6.00am Lines up on Standard weekends – Sunday 9.00am Lines Down for long weekends and Rottnest – Saturday 6.00am Lines up for long weekends and Rottnest – Monday 9.00am Sign-on / Weigh-in times, possible fish together spots and locations to be decided at the general meeting prior to the Field Day.		

Next field day is on the weekend of 10th to 11th December
Boundaries: Lancelin to Leeman and local



Knowledge is knowing that tomato is a fruit
Wisdom is knowing not to put it in a fruit salad

Philosophy is wondering whether that makes ketchup a smoothie

Common sense is knowing that ketchup isn't a smoothie

DRY CASTING REPORT

7th NOVEMBER 2022

Only 4 turned out for our first casting day on a Monday which was a bit disappointing but there is not much we can do about it. Conditions were great. We enjoyed a nice warm morning with very light winds that turned to a very faint south westerly just as we finished our distance casts. Can't be helped. Maybe next month we will start getting easterlies giving us a tail wind which will assist us greatly.

Without wind assistance the scores in the distances were not great but there were no break offs or outs which is good to see. The longest cast for the day without handicap was 158.44m in the 112g event, followed by Gary with 146.07m in the 56g cast 137.69m was the best followed by Bob with 131.08m.

119.60m was the longest in the Art Bait with Gary in 2nd place with 109.43m. Scores in the double handed accuracy were, for some of us, a big improvement. Gary took out the honours with 146. Once again these are without handicap. Not far behind with 138 was myself. Bob won the SHA with 27, followed by Gary with 24. Overall winner for the date was Gary with 1032.63 with handicap.

Next casting day will be on Monday, 5th of December 2022. If there is any change you will be notified.

I will take this opportunity on behalf of my wife and myself to wish everyone all the best for Christmas and New Year.

RON THOMAS D.C.O.

**Dry casting is held once a month at
Perth Polo Club - Meadow St, Guildford WA 6055
Please contact Ron Thomas if you are interested in
joining in**

DRYCASTING RESULTS – 7TH DECEMBER, 2022

[illegible]

Surf Casters November Field Day 2022 – Hill River

By Martin Wearmouth

I left home at 6am on Saturday morning for the drive to Hill River. Blue skies and light winds for the whole 2 hour drive made me think this was going to be a good weekend; I arrived in the car park just after 8am and let down my tyres to 15PSI for the sand driving.

I was meeting a few other members in the car park - first to arrive was Stuart, then Peet with Sandra, David and Oliver, shortly after that was Mark then Gary. We made our way north of the car park to look at the river mouth; Mark headed south to Black rock, and Ron and Vince were already fishing at a spot about 1km before the river mouth, so I said a quick hello and carried on.

Dave, Rob and Dom had arrived earlier and set up a nice spot behind a sand dune out at the river mouth. Stuart, Gary and I set up next to them while Peet, Sandra, David and Oliver decided to move back near Ron and Vince.



The beaches looked clear of sea weed and wider than last year. After setting up the fishing rods it did not take long to catch a couple of Whiting; I was getting lots of small fish biting so I mainly used my small rod with a size 1 circle hooks. After 6 whiting I had a break and by this time the wind was starting to get stronger.

It was forecast to be a 40kmh Southerly and it was looking like that was going to be correct - by about 12pm it was maybe 30-35 kmh so I decided to try the river for some bream. It was much nicer with a bit of a wind break behind you but after an hour no bream; I had a few bites but no hook ups. Alan arrived and set up next to us.

With the wind even stronger now I rested and took shelter under Rob's gazebo for a while. Dave kept his line and bait in the water and was rewarded with a Tailor at 3.30pm so this got me fired up to get a bait out again.



With the wind now a good 40kmh and sometimes stronger it was hard fishing but at 4.30 Rob got a Tailor, then Dom 10 minutes later, and by 5pm it was on with everyone casting in baits and standing holding the fishing rod waiting for a tailor to bite, the school hung around for over an hour and had us all smiling.

Most Tailor were in the 34 – 40cm size but Rob and Alan both managed a mid 40cm fish, the wind was still howling but with a hot tailor bite everyone was happy. As the sun went down a few Tailor still came in but no other species.



After the sun went down most got set up for sleeping and Dom again got a fire going which was enjoyed by all for a few hours before everyone headed off to bed. Rob kept out a large bait while we enjoyed the fire but had no bites; the wind was still strong and only dropped at about 11pm.

When I woke at 5am it was nice and calm. Gary was already fishing but had no fish; I sent out my big rod but nothing was biting so I cast in my small rod and rig to find a lot of small bits like the day before. Over the morning I managed 4 whiting and 2 herring before packing up and heading home at 7am.

It was great to have a few members attend again. I had not been to Hill River for a few months and as it's one of my favourites spots, it was great to find some Tailor this trip. In the last 3 years the tailor here seem to have dropped off but I hope this summer they will return like this trip - it really gets you fired up when you have a hungry Tailor school that just hits the baits within minutes.



Gary getting a jump start by me, that's why you should always fish together



Dave with his Tailor



Rob with his Tailor



Dom with his Tailor



Stuart with his Tailor



Alan with his Tailor



Gary with his Tailor



Martin with his Tailor
(Dom with the photo bomb 📷 📷)



Sandra with her Tailor



David with his 1.8kg tailor



Everyone busy pumping up tyres

*The past, present and future walked into a bar...
It was tense*

Surf Casters November Field Day 2022 – Hill River

By Oliver Wessels

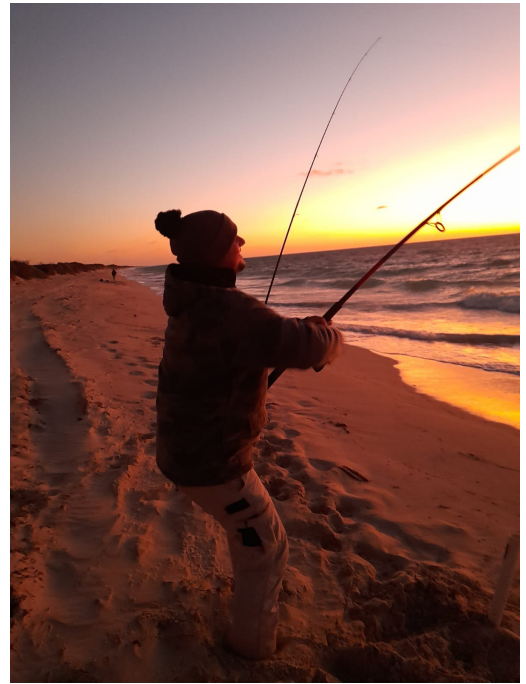
We got up at 5:30am Saturday morning and hit the road to meet everyone at Hill River car park. Said “hello” to everyone and then aired down our Tires and were on our way. I jumped on my Oupa’s roof rack and headed out to try and find a good spot to camp for the night. Oupa found us a great spot and we set up camp for the night.

Oupa started catching lots of fish, and Ouma and Dad also started catching some nice fish but not as many as Oupa. I had a turn a bit later in the afternoon. I was sitting talking to Ouma when she shouted your rod is going off - I ran over to my rod and tried to pick it up but the fish was too big so I put it back in the holder and started reeling in as fast as I could. Oupa had to support the rod because the fish was pulling too hard. I kept reeling in and after a long fight I landed my biggest Tailor ever. My dad caught a massive tailor and some cool looking flounders. Ouma and Oupa bagged out on tailor and caught too many species to count. Sitting around the campfire Oupa managed to catch a pike on huge gang hooks. The next morning I had a nice sleep in but Oupa got up early and managed to catch more tailor and even an eagle ray. We packed up and headed for home but on the way home we stopped at the Pinnacles to have a look, it was amazing. I look forward to going fishing with the club again some time.



Peet and Oliver with a Tailor





Surf Casters November Field Day 2022 Fishing results

ANGLER		Species Tailor	Species Herring Australian	Species Whiting	Species Garfish (all species)	Species Dart all	Species Toadfish weeping, Blowie	Species Pike	Species Stingray Eagle	Species Flounder (all species)	Species Flathead (all species)	Species Trevally Silver Skipper	Species Butterfish Western	Total weight	No. of Species	No. of fish	F.D. points	Attendance		Total points
																		Field Day	General Meeting	
Ron Thomas	Number	16	22	1				2				2	2			45	221.2	1	1	241.2
	Total weight	6.41	3.38	0.20				0.44				0.73	0.46							
	Weight of best																			
Peet Wessels	Number	8	4	2			1	1	1							17	164.5	1	1	184.5
	Total weight	4.50	0.60	0.20			0.05	0.40	3.00											
	Weight of best																			
Martin Wearmouth	Number	8	2	15			3									28	121.5	1	1	141.5
	Total weight	3.60	0.30	1.30			0.15													
	Weight of best																			
Mark Hansen	Number	1	2	1	14	1										19	104.7	1	1	124.7
	Total weight	0.51	0.31	0.10	2.43	0.22														
	Weight of best																			
David Wessels	Number	4								2	1					7	72.8	1		82.8
	Total weight	3.02								0.36	0.20									
	Weight of best	1.80																		
Stuart Waterman	Number	6	2	1												9	70.0	1		80.0
	Total weight	2.70	0.30	0.10																
	Weight of best																			
Gary Parkinson	Number	8														8	54.0	1	1	74.0
	Total weight	3.60																		
	Weight of best																			
Robert Wilding	Number	5		4												9	57.5	1		67.5
	Total weight	2.45		0.40																
	Weight of best																			
Sandra Wessels	Number	3	1													4	42.0	1	1	62.0
	Total weight	1.65	0.15																	
	Weight of best																			
Alan Green	Number	5		1												6	51.8	1		61.8
	Total weight	2.45		0.13																
	Weight of best																			
Vince Tomazin	Number		2	2								1				5	44.2	1		54.2
	Total weight		0.40	0.21								0.31								
	Weight of best																			
David Wilding	Number	3		1												4	38.5	1		48.5
	Total weight	1.35		0.10																
	Weight of best																			
Dom Zangari	Number	5														5	37.5	1		47.5
	Total weight	2.25																		
	Weight of best																			
Oliver Wessels	Number	1														1	18.3	1		28.3
	Total weight	0.73																		
	Weight of best																			

Top scores up to November		
Rank	Angler	Total points
1	Peet Wessels	1027.9
2	Martin Wearmouth	978.6
3	Ron Thomas	946.4
4	Mark Hansen	758.0
5	David Wessels	465.8
6	Theo Van Niekerk	436.3
7	Alan Green	403.5
8	Gary Parkinson	386.7
9	Vince Tomazin	271.8
10	Sandra Wessels	250.8
11	Tino Baiardo	239.4
12	Brad Zaknich	209.3
13	Norm Vojdinoski	119.0
14	George Matrakis	95.3
15	Ian Taggart	90.2
16	Stuart Waterman	90.0
17	Robert Wilding	87.5
18	David Wilding	81.5
19	Dom Zangari	78.5
20	Morris Kolman	73.6
21	Sabby Pizzolante	63.0
22	Oliver Wessels	38.3
23	Paul Terpkos	22.3

Field day prizes for November			
Section	Angler	Species	Weight
Best scale fish	David Wessels	Tailor	1.80
Best bag of scale fish	Ron Thomas		11.62
Best shark			
Best bag including sharks			

Field Day Sections up to and including November				
Section		Angler	Species	Weight
1A	Best scale fish (1st six months)	Ron Thomas	Gold Spot Trevally	8.06
1B	Best scale fish (2nd six months)	0	0	0.00
2	Most meritorious fish	0	0	0.00
3	Best shark (4.5kg min)	Peet Wessels	Shark Wobbegongs	12.00
4	Best mulloway (2kg min)	0	0	0.00
5	Best tailor (1kg min)	David Wessels	Tailor	1.80
6	Best salmon (3kg min)	Alan Green	Salmon Western Australian	4.44
7	Best skipjack trevally (0.5 kg min)	Mark Hansen	Trevally Silver Skippy	1.96
8	Best mackerel (2kg min)	0	0	0.00
9	Best yellowtail kingfish, samson or amberjack (4kg min)	0	0	0.00
10	Best scale fish (Other than above)	Ron Thomas	Estuary Cod	4.46
11	Best bag of scale fish	Peet Wessels	0	27.58
12	Best bag of mulloway (2 fish min)	0	0	0.00
13	Best bag of tailor (2 fish min)	Ron Thomas	Wilbinga October 2022	9.85
14	Best fish on single handed rod (max 4kg line)	Martin Wearmouth	Leatherjacket	0.95
15	Best fish caught on fly rod	0	0	0.00
16	Best fish on single handed rod, soft plastic lure (max 4kg line)	0	0	0.00
17	Best fish on single handed rod, hard body lure (max 4kg line)	0	0	0.00
18	Best fish caught using a drone	0	0	0.00

Open fishing competition 2022/23

The Open Competition is for fish caught between 1 May 2022 and 30 April 2023, other than on Club gazetted Field days. Entries for the Open competition close **30 days after capture**. See Competition Rules Section 4.

Section	For	Minimum weight	Entry
1	Most meritorious capture	None	To be awarded by Committee
2	Best Shark	4.5 kg	
3	Best Mulloway	2 kg	
4	Best Salmon	3.5kg	
5	Best Dhufish	2 kg	
6	Best Tailor	1 kg	
7	Best Samson fish	1.5 kg	
8	Best fish on single handed rod maximum 4kg line class (Bait)	Legal size	
9	Best Pink snapper	2 kg	3.1kg Vince Tomazin, Dirk Hartog Island 12/9/2022.
10	Best Tarwhine	0.5 kg	
11	Best Mackerel	4 kg	20 kg Greg Harvey, Dirk Hartog Island 15/9/2022.
12	Best Skipjack trevally (southern)	0.5 kg	
13	Best Trevally (northern)	4 kg	
14	Best Flathead	0.5 kg	
15	Best Black or Yellow finned Bream	0.5 kg	
16	Best scale fish other than sections 3-15	2 kg	
17	Best fish caught on fly rod.	Legal size	
18	Best fish caught using a soft plastic or hard body lure on a single-handed rod (4kg line max.)	Legal size	
19	Best fish caught by Drone	Legal size	

The Guilty Neighbour

A man received the following text from his neighbour:

I am so sorry Bob. I've been riddled with guilt and I have to confess.

I have been helping myself to your wife, day and night when you're not around. In fact, more than you. I do not get it at home, but that's no excuse. I can no longer live with the guilt and I hope you will accept my sincerest apology with my promise that it won't ever happen again.

Bob sat there in complete shock after reading this, not knowing what to do.

A few moments later, a second text came:

Damn spell check! I meant "wi-fi"

THINKING OUTSIDE THE (ICE)BOX

by Jennifer France

The thought of spending even as short a time as a weekend camping without a fridge sends shivers down the spine of most of us. But think back to your early camping days when such equipment was neither affordable nor readily available. So how did we manage? And can it still be done? The answer to the second question is definitely “Yes,” and we propose to show you just how.

As with all trips, success lies in forethought, preparation and thorough planning.

Questions

- How many vehicles/people?
- How long will the trip last?
- What access is there to water (e.g. are you near the coast, or near a station where you may be able to obtain water supplies) or shops?

Assumptions

In this article, we have targeted absolute beginner campers, in 2 cars (4 people) for one week:

- No opportunity to shop/restock, so you need to take everything with you
- Cars have air conditioning, so a “vegetable box” will keep veges cool
- Destination is inland and remote, and you are staying in one location, not touring

Planning and preparation

- Plan the menu well beforehand and determine ways to keep everything fresh as long as possible.
- Make up a detailed menu, with thought given to breakfast, lunch and snacks as well as the main meal. Consider which foods need to be eaten sooner (e.g. cooked chicken) and which ones can last better (e.g. sliced ham). Also give some thought to the appetite of participants and the activities to be undertaken. This can go as far as “How many potatoes/carrots/onions will we need?”
- Take some time to cook up casseroles, soups or meat sauces and load them with veges, so that you don’t have to carry as many fresh veges.
- Freeze meal-size quantities of meat sauces such as Spaghetti Bolognese in compact containers and use them to keep the temperature down in the “cold” Esky. Same goes for soups and casseroles.

Ideas

- Ice from an ice works is frozen at a lower temperature than that purchased as bags of ice from the supermarket. It should be possible to purchase a single block of ice to fit in your Esky, and this should last about 4 days if you are careful.
- Take 2 eskies, one as a cold box for meat, dairy and those items that NEED to be kept cold, the other as a cool box for vegetables etc that don’t need the same level of cool environment.
- Open Eskies as few times as possible to prevent temperature loss. Think about what you need from the Esky before you open the lid. Be sure to store the Esky and coolbox in a cool, shaded spot in the campsite.
- Use the Coolgardie safe principle in lieu of a second Esky. A Coolgardie safe is simply a frame (a portable fold-out pantry from a camping store, for instance) covered with wet hessian, canvas or towel. (Hessian garden bag liners are available from Bunnings.) The principle is that any wind blowing will evaporate the water and draw heat away from the inside of the unit. An old-fashioned canvas waterbag uses this principle.
- Vacuum pack fresh meat to reduce bulk in the Esky. If you don’t have your own portable vacuum packing device, borrow one or even look for a butcher who is prepared to do this for you. If you do have access to a vacuum packing device, this can also be used to pack

prepared veges to extend their life.

- Strike a balance between fresh and dried fruit and veg and decide what alternatives there are. More info on this later.
- Use dehydrated food (e.g. dried peas, dried fruit, powdered milk) where possible. There are many sources of dried or concentrated casserole/meal/ sauces available from supermarkets or camping stores (although they tend to be a bit expensive from there). Dry soup mixes are useful, as are slow cooker packs, which transfer well to camp ovens. But be sure to allow for extra water which will be needed. Other good suggestions are rice cream or tinned fruit for those with a hankering for something sweet. A pack of gravy mix or stock cubes is indispensable.
- Use paper towels / plates to cut down on water used for washing dishes. Either use paper towels to wipe the plates, or use paper plates, then dispose of them in the campfire. If paper plates are too thin to use by themselves, put a solid plate under them, it still cuts out the washing up water.
- Limit the amount of sliced bread, it is bulky and even if vacuum packed and frozen, takes up quite a bit of space in the fridge or coolbox. Suggested alternatives are scone mix, pancake mix or even extra flour to make damper. There is a wide selection of crackers available nowadays too.
- Think about which foods need to be eaten first (e.g.chicken).

Menu and grocery suggestions

Spag Bol	Chili con Carne	Sausages
Steak, chops or fish	Burger patties	Baked beans
Canned fish/sardines	Chicken, lamb or beef casseroles with lots of veges.	

Egg combo (maybe on the last night to use up any veges that are left)

- Consider the keeping quality of the fruit and vegetables to be included. Apples and oranges will keep very well, bananas will need to be eaten before them, and fresh berries will need fridge space. Iceberg and coral lettuce do not have a long shelf life, nor do they travel well. Alternatives are Chinese cabbage or dry slaw packs if there is not space for a whole cabbage. Long life vegetables like potatoes, onions and sweet potato are great in the campfire and need no refrigeration. If pumpkin is your thing, take a small one and cut it mid-week, the rest will keep in the veg coolbox for the next few days. Tomatoes or cherry tomatoes and cucumber make great salad sandwiches.
- A cooked chicken, cut up and chilled in a small container, is a tasty lunch sandwich filling, but use it early in the week. And don't overlook the humble boiled egg.
- There are several alternatives to dairy milk available these days, and many of them also come in UHT packs. I've already mentioned powdered milk, but canned evaporated milk is another possibility.

Snacks

- Traditional snacks such as chips, corn chips or salted peanuts can provide the extra salt needed in warm to hot temperatures, but be aware of your water needs. Hydralite replaces electrolytes very effectively. Healthy, low water snacks include fresh carrot sticks, fresh or dried fruit (great for hiking) or protein bars which satisfy the hunger pangs for longer. (See recipe for oatmeal biscuits at end of article.)
- Keeping beer and soft drinks at a drinkable temperature is a challenge in these circumstances; just put in the cold Esky, enough drinks for the day. (That's 3 per male and 2 per female, right?)

Handy Hints

Calculate water requirements. Allow 2 litres per person per day minimum, more if undertaking activities such as hiking. A safety margin of 30% in case of breakdown or other circumstances which extend the stay is also a good idea. Water is something which can not be underestimated.

If you are lucky, you may be able to refresh water supplies from a station stay if there is one nearby. Of course, camping beside a river or lake is always a pleasant experience, but make

sure any water derived from natural sources is boiled before use. We always carry a pack of water purification tablets too. Add extra water for a quick sponge down every second day. Water in a spray bottle will be refreshing to wash the dirt away and is very water efficient.

Finally

Although the information in this article is directed to a particular audience, outlined in "Assumptions," the principles apply to any situation. If, for example, you are camping near the coast, salt water from the ocean can be used for some cooking and for handwashing. If used for cooking, though, it will need to be diluted with fresh water. Store it in a container to allow any sediment to settle before decanting.

There are specific products (e.g. Night'n'Day soap) that can be used in sea water. Remember not to use soaps or detergents in fresh water streams or rivers.

RECIPES

CRICKETER'S FAVOURITE BISCUITS

Or is that Camper's favourite?

INGREDIENTS

250g butter or substitute	1 cup sugar	
2 tbsps peanut butter	2 eggs	
2 cups coconut, shredded or dessicated	2 cups rolled oats or quick oats	
2 cups Rice Crispies or other cereal	1 teaspoon vanilla essence	pinch salt

METHOD

1. In a large bowl, cream the butter and sugar.
2. Add peanut paste, mix well, then add all other ingredients.
3. Take a teaspoonful of the mixture, roll it into a ball and put on baking tray. Flatten with a fork (these do not spread much.)
4. Bake at 180F 15 minutes. Allow to cool before storing in an airtight tin.

VERY MOORISH ICE CREAM

Quick, simple and indulgent.

INGREDIENTS

600ml Cream
1 tin Condensed Milk (Not Skinny Milk)
3 Violet Crumble Bars

METHOD

1. Chill both condensed milk and cream.
2. Break Violet Crumble into small pieces inside the wrapper. (Recommend using rolling pin and gently crush to break up)
3. Mix cream and condensed milk together and beat until well combined and thickened.
4. Fold in Violet Crumble and mix thoroughly.
5. Place into mould or tray and place in freezer until solid.



Alternative:

Use Peppermint Aero chocolate; chopped up Maltesers, Peppermint Crisp bars or chopped up Cherry Ripe bars instead of Violet Crumble. The finer you get the chocolate the better this is.

Note:

When using Peppermint Crisp chill them first as the bars crush well in the packet but the chocolate covering doesn't break up as readily and needs to be chopped up finely.

SPICY CARROT FRITTERS

As published by The West Australian

Looking for an alternative side to have with your favourite fish? Or maybe a healthy fishing snack? Try these low cost, easy to transport fritters.

INGREDIENTS

3 large carrots, coarsely grated
½ tsp each coriander and caraway seeds, crushed
6 spring onions, finely chopped
150g Persian fetta, drained
½ cup each coriander and mint leaves, finely chopped
2 eggs
½ cup plain flour, sifted
1/3 cup lemon extra virgin olive oil, plus extra for drizzling



METHOD

1. Place carrot into a bowl with crushed spices, spring onion, fetta, herbs, eggs and flour; season to taste and mix to combine
2. Divide mixture into 12 and shape into 7cm diameter fritters then place on a tray lined with baking paper
3. Heat 1 tbsp oil in a frying pan over medium heat and cook the fritters, turning halfway until golden (2 – 3 minutes each side)

SERVING SUGGESTION

Garnish with coriander and serve with your favourite pickle, chutney or relish alongside some natural yoghurt and slaw to go with your favourite fish recipe.

GONE FISHING

A Poem by David Ritter

If someone should ask for me,
tell 'em heaven is where I'll be.
I've finished all my life's chores,
and now I fish on heaven's shores.

The view is grand and the fishing's great,
but I yearn for you as I wait.
I'll save a spot on the river's bend,
for all those, I call family and friend.

But for now, head out to sea
and make a cast in memory,
to all the good times that you had,
with me - your friend, your grandpa... your dad.

And if the fish no longer bite
or seem no longer worth the fight,
because it's me that you are missin',
don't worry – be glad – I've only gone fishin'.