



# Surf Casting & Angling Club of WA (Inc)

PO Box 2834, Malaga WA 6944

<http://www.surfcasters.iinet.net.au>

## Club Committee for the Year 2008/2009

President

Greg Walker

Vice President

POSITION VACANT

Immediate Past President

Malcolm Harris

Treasurer

Bev Grigo

Field Day Officer

Mark Hansen

Assistant Field Day Officer

Ian Cook

Secretary

John Crompton

[surfcast@iinet.net.au](mailto:surfcast@iinet.net.au)

Dry Casting Officer

POSITION VACANT

Assistant Dry Casting Officer

POSITION VACANT

Property Officer

Vix Alexander

Reel Talk Editor

POSITION VACANT

Recorder

Ian Cook

Social Organiser

Michelle Walker

Website Co-ordinator

Terry Fuller

A.A.A. Delegates

George Holman

Terry Fuller

Committee Person

George Holman

Recfishwest Representative

Terry Fuller

## Life Members of the Club

Jim Strong, Bob Klein, George Holman, Ric Parker, Ian Cook, Bob Henderson.

## **May 2009 Reel Talk Contents**

Life Members of the Club.....	1
Minutes of General Meeting, 8 April 2009.....	2
Coming Field Day Events .....	9
Calendar for Next Three Months .....	10
From The Editor .....	11
Mal & Jenny Head's Trip 2009 .....	11
Some Simple, Almost Universal, Questions.....	13
Random Thoughts .....	13
Happy Birthday.....	15
Recorders Report For May.....	16
2008 - 2009 Open Competition Results till April 2009 ...	16
Club Clothing .....	17
State Dry Casting Records .....	18
Club Member Details .....	19
Recfishwest Report for Surfcasters General Meeting....	19
Wallaroo Thank You .....	22
2011 Convention in NSW.....	23
March Dry Casting.....	23
Dry Casting Results, 5 April 2009 .....	24
Dry Casting Winners for 5 April 2009 .....	25
Dry Casting Top Scores for 2008/9 .....	25
Dry Casting Officer's Report .....	26
112 Gram Open – 5 April 2009 .....	27

### **Minutes of General Meeting, 8 April 2009**

**Venue:** Coolbinia West Perth Amateur Football and Sporting Club Rooms

**Time:** 20:05

**President Presiding:** Greg Walker

**Members Present:** 22 Members

**Apologies:**

John Rose, Gary Gildersleeves, Malcolm Head, Bob Henderson, and Geoff Raftis

Peter Pekaar gave a summary on Keith Heaney and his family who were involved in a road accident on the way home to Kalbarri. All are okay!

**Visitors:** Joseph Kolman

**New Members:**

New Member Family Application - **Kevin Frampton**

**Previous Minutes:**

As published in the March 2009 Reel Talk

**Moved:** Jim Strong      **Seconded:** Vix Alexander      **Carried**

**Previous Committee Meeting:** Held on 18 March 2009

Greg Walker –

A decision has been made on the Trophy Night Tickets which will cost \$50 per adult and \$25 for people 16 years old and younger. Tickets are available from Michelle Walker.

The Committee has elected a Public Officer in accordance with Item 21. Of the Club's Constitution. The Public Officer voted in by majority vote of the Committee Members is Bev Grigo.

Dry Casting barbeque burner is in need of repairs seems to have been used and also the one I received from Bob Henderson is in need of repair.

Fund raising needs to be carried out as soon as possible requested by George Holman. I would like to thank Jenny Stoeckel for arranging five rods and one reel to the value of \$575 from the Tackle Shack, Malaga. Plus she also arranged two fishing magazine subscriptions, all to be donated to the Trophy Night.

**Secretary's Report:**

Healthy Club Sponsorship received to the value of \$800, although we applied for \$2,500. To qualify for the sponsorship, there are a few things we must do, so we will be advertising the programs in the Reel Talk every month until the end of the year.

**Correspondence Out:**

Sent out to AAA Club update details  
Club Enquiry – John Paterson

**Correspondence In:**

Unfortunately, Two Committee Members have placed their resignation in as follows:

6 April 2009 received a resignation letter from Peter Pekaar resigning as Dry Casting Officer Effective immediately.

Greg Walker congratulates Peter Pekaar on behalf of the Club Members for a job well done being the Dry Casting Officer.

8 April 2009 received a resignation letter from Marcia Pekaar resigning as Reel Talk Editor and as Vice President Effective immediately.

Family Application for Membership and a Nomination Fee of \$10 received from Kevin Frampton.

Health Club Sponsorship application received, with a contractual agreement and a compulsory meeting to be attended.

Easy Grants Newsletter No. 7

Westpac cheque account

Ray White – Kalbarri Account

Rick Clarke Account – replacement of 15 amp socket to air conditioner

Honor Ash – Kalbarri Cleaning Service Account

Kalbarri rental booking details

R & D Accountants – outstanding account

**Out Visit:**

Healthy Club conducted a compulsory meeting for their sponsorship allowance the meeting was attended by Greg Walker and John Crompton.

**Emails In/Out:** Email to Kevin Frampton

**Treasurer's Report: 8 April 2009**

Beverley Grigo reported as follows:

<b>Bank Statement</b> Balance 28/02/09:		\$17,578.07
Funds deposited :		
(1) Ray White Kalbarri House – Net deposit	\$80.33	
(2) Receipts 1691986 to 1691992	\$1,110.00	
(3) February O/S deposit	\$1,170.00	
		<hr/>
Sub-total		\$19,938.40
Less:		
(1) Cheques 201129 to 201139	\$5,587.70	
		<hr/>
		(\$5,587.70)
		<hr/>
Balance as per the Bank Statement 31/03/09:		<b>\$14,350.70</b>

**Monies Due & Received and Accounts payable**

Ray White Kalbarri: March Statement:

Rents Received	\$750.00	
Less Expenses:	(\$337.17)	
		<hr/>
Net Income due:		\$412.83

Monies Received at the meeting to be deposited April:

M Harris – Rottnest Aug & Oct	Rec 1691993	\$300.00	
M Hansen – Bluff Creek Field Day	Rec 1691995	\$146.00	
George Holman – Donation	Rec 1691994	\$50.00	
M Pekaar – Drycasting Fees	Rec 1691996	\$180.00	
			<hr/>
			\$676.00

Accounts Payable:

M Pekaar - Reel Talk expenses	c/no 201141	\$203.34	
Club Secretary – expenses	c/no 201140	\$138.20	
			<hr/>
Total Approved Expenses:			(\$341.54)

Adjusted Bank Balance: **\$15,097.99**

Ray White Holding as at 31/03/09	\$500.00	
Social Float as at 11/03/09	\$250.00	
BT Investment as at 01/01/09	\$6,328.14	
Secretary Float as at 08/04/09	\$150.00	\$7,228.14

Net current cash: **\$22,326.13**

**Moved:** Ian Cook **Seconded:** Peter Stoeckel **Carried**

**Reel Talk Editor:**

All details are required by 18 April

All Member details are required to update the Club's Membership details.

Marcia Pekaar notifies the General Meeting that she will be standing down as Reel Talk Editor and Vice President and will not attend any more Committee Meetings

**Property Officer:**

Nothing much to report, except there were quite a few Bookings while we were at Wallaroo

**Field Day Officer:**

Next Field day is Bremer Bay to Reef Beach. There will be two sign on areas, one at Reef Beach and the other at Bremer Bay.

With the Length Competition, all fish to be measured individually, no averages allowed.

Field Day Venues for 2009 to 2010 – See the end of the Minutes.

**Moved** Ian Cook

**Seconded** Peter Stoeckel

**SCAAC Website:**

**Surf Casting and Angling Club Website Report 8 April 2009**

I offered to do a **limited** update and maintenance of the Surfcasters website. Full details and explanations were provided to the Committee, and questions were answered at the January Committee meeting.

The initial once off major "tidy up" has removed wrong content, added counters, made all the pages look and operate consistently and checked the operation and display, but has **NOT** changed many fundamentals of the website.

I reported to the Committee on 18 February that this has now moved into the next phase of *"ongoing additions to and maintenance of the website"*.

It's now up to the Committee and Club to consider what they want from the Club website (as covered in my presentation and proposal) and provide the ongoing guidance, direction and material needed to achieve that.

Many topics on the website are out of date, and should be updated with more recent information.

I have not received any such guidance or directions from the Committee about the website, or any updates of content.

I would like to emphasize to the club members that **nothing** else will change on the website without this direction from the Committee, apart from the addition of the Reel Talk each month.

Any further action is up to the Committee.

**Terry Fuller**

**Dry Casting Officer: See report elsewhere in Reel Talk**

Peter Pekaar, thanked all members who helped to set up the courts at the last Sunday's Dry Casting Event

There were several good scores by Club Members

Greg Walker congratulates the Wallaroo Team Members for the following:

Champion Ladies' team

Champion Men's team

Runner-up Veteran's team

Runner-up Ladies' Individual Champion – Marcia Pekaar

Men's Individual Champion – Malcolm Harris

Jim Strong congratulated the team winners and gave out three Certificates a \$50 prize to each club member from our team with the best Double Handed Accuracy score.

**AAA Report:**

Reports have to be compiled and handed to Pat Shinnick

All members did well in Wallaroo

Richard Siudak received a Certificate for representing WA

Certificate of appreciation handed to Jim Strong for the years of Service he has given the AAA and he is the only one to receive the Certificate in 50 years

**Recorder:**

Peter, Marcia and I have updated the State and the Clubs Dry Casting Records

**Social Organizer:**

Tickets for the Trophy Night on **27 June** are available at \$50 for adults and \$25 for children 16 years and under.

Several prizes have been donated to the Trophy Night by the Club Members

Calendar will be ready at the next General meeting at a cost of \$15 each

Dry Casting Night Event will be held on **21 November 2009** and another might be held in March 2010 to be advised

**Recfishwest Report:** See report in the May Reel Talk 2009

**Notices of Motion:** Placed in April Reel Talk 2009

Competition Rule 2.3.2 Numbers of Fish and Field Day Bag Limit

**Moved:** Terry Fuller    **Seconded:** Mark Hansen

**Motion**                      **Passed**                      **Carried**

**General Business:**

Michelle thanks Peet & Sandra Wessels for supplying the evening treats.

Terry Fuller questions the 56 gram open on scoring, the Sports Person of the Year does not allow any scoring on the 56 gram open.

Marcia Pekaar thanked Vix for the Certificates and thanked Jimmy Strong for the generous donation of the prize for the Wallaroo Accuracy Event

**Instruction Period:**

Ian Cook gave detailed instructions to the Members who are heading to Reef Beach on the April long weekend.

**Instruction Period May 2009: Fishing with Plastics – Lea Taylor****Raffle:**

1<sup>st</sup> prize won by Ian Cook – Fish Lip Grip

2<sup>nd</sup> prize won by Sandra Wessels – a Jar of Honey

**Meeting Closed:** 2120 hrs

**FIELD DAY VENUES 2009/2010**

<b>DATE</b>	<b>VENUE</b>	<b>BOUNDARIES</b>
16-7 May	Capes South	Margaret River mouth/Blackwood River mouth
30 May-1 June LWE	Wagoe (Safari)	Port Gregory/Murchison River mouth
11-12 July	Capes North	Margaret River/Busselton Jetty
15-16 August	Rottnest Island	Rottnest Island
26-28 September LWE	Emu Springs	As far as you can drive east or west along the coast
10-11 October	Rottnest Island	Rottnest Island
14-15 November	Cervantès	1km south of Cervantès jetty/100m north of Hill River mouth
12-13 December	Seabird/ Moore River	Seabird settlement/as far as you can walk south of Moore River mouth
16-17 January	Local	Floreat drain close boundaries + BBQ or pizzas
13-14 February	Cervantès	1km south of Cervantès jetty/Jurien marina
27 February-1 March LWE	Warren River	Donnelly River/Windy Harbour
24-26 April LWE	Bluff Creek	As far as you can walk past Eastern Rocks/Cheynes Beach

***There is also a flyer of these field days in the centre of this month's Reel Talk for you to keep for ready access.***



**SURFCASTING & ANGLING CLUB OF WA**  
**(Inc)**  
**ANNUAL DINNER & PRESENTATION NIGHT**

at the  
**GLENEAGLES BAR & RECEPTION CENTRE,  
HAMERSLEY GOLF COURSE**  
102 MARMION AVENUE, KARRINYUP (Heaps of Parking)

**Pre-dinner Drinks Commence at 6.00 pm**

***MENU***

**ENTRÉE:** (served to your table)

Pumpkin Soup

**MAIN BUFFET:**

Roast Beef & Seasoned Leg of Lamb  
Seasonal Vegetables  
Assorted Chef's Salads  
A Collation of Cold Meats

**DESSERT BUFFET:**

Profiteroles Served with Chantilly Cream.

**FINISH OFF YOUR EVENING WITH:**

Fresh Fruit & Assorted Cheese Mirror with  
Crackers  
Tea or Coffee

**PLEASE PURCHASE YOUR TICKETS BY NEXT GENERAL MEETING**

Tickets: Adults \$50; 16 years old and under \$25

FAMILY & FRIENDS ARE WELCOME – THE MORE THE MERRIER



Unit 3/11 Alexander drive Malaga  
PH: 9248 3800 \*OPEN 7 DAYS A WEEK\*



## Coming Field Day Events

### May Field Day

**Where:** Capes (South)  
**When:** 16 & 17 May  
**Sign on:** Saturday 11:00 hrs at car park at the mouth of the Margaret River.  
**Weigh in:** Sunday 11:00 hrs at car park at the mouth of the Margaret River.  
**Boundaries:** Northern: Margaret River mouth.  
Southern: Blackwood River mouth.

### June Field Day

**Where:** Wagoie (Safari)  
**When:** 30 May to 1 June  
**Sign on:** Saturday 11:00 hrs At the Club's Kalbarri house  
**Lines down:** Saturday 12:00 hrs  
**Weigh in:** Monday 11:00 hrs At the Club's Kalbarri house.  
**Boundaries:** Northern: Mouth of the Murchison River  
Southern: Port Gregory Jetty

### Local Field Day for May

**When:** 16 & 17 May  
**Sign on:** At the General Meeting or to the FDO by 18:00 on Friday  
**Lines down:** Saturday 12:00 hrs  
**Weigh in:** Sunday 11:00 hrs G Holman's House. Scales will be available on his back patio. An adult member must witness weights. FD Money to be left with the scales in an envelope with your name and details written in the carbon copy FD book. No Money = No Points. Results to be phoned into FD Officer by 2000hrs that night.  
**Boundaries:** Cape Peron to Mindarie Keys

### Local Field Day for June

**When:** 30 May to 1 June  
**Sign on:** At the General Meeting or to the FDO by 1800 on Friday  
**Lines down:** Saturday 12:00 hrs  
**Weigh in:** Sunday 11:00 hrs G Holman's House. Scales will be available on his back patio. An adult member must witness weights. FD Money to be left with the scales in an envelope with your name and details written in the carbon copy FD book. No Money = No Points. Results to be phoned into F.D Officer by 20:00hrs that night.  
**Boundaries:** ASI Groyne to Two Rocks

**REMINDER:  
TROPHY NIGHT 27 JUNE 2009**

*Please contact Michelle Walker with Trophy Donations. If you have any perpetual trophies, please contact Michelle to arrange for them to be returned as soon as possible.*

**Michelle's Contact Details: 0407 037 725 Email: gregwalkercontract@bigpond.com**

We wish to give our sincere thanks to the following people and companies for their kind donations toward the Presentation Night 2009:

- George & Kaye Holman for a 1.8 litre Thermos, Thermos cups and also \$50.
- David Maxted for donating his Jarvis Walker Backpack which he won at the March General Meeting.
- Jennie Stoeckel securing a donation of four rods and one reel from *Tackle Shack* in Malaga; two subscriptions from *The Western Australian Fishing Magazine*; 10 magazines for door prizes; one subscription from the *Western Angler Magazine*; and hair products from *Trim*.

**Calendar for Next Three Months**

Here's a calendar showing the dates we will use for Dry Casting, General and Committee Meetings, and Field Days in the next three months.

<u>29</u>	AAA Event																			
<u>8</u>	Dry Casting		11	General Meeting			<u>14</u>	<u>15</u>	Field Day			18	Committee Meeting							
May 2009							June 2009							July 2009						
Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	<u>3</u>	<u>1</u>	2	3	4	5	6	<u>7</u>			1	2	3	4	<u>5</u>
4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	<u>11</u>	<u>12</u>
11	12	13	14	15	<u>16</u>	<u>17</u>	15	16	17	18	19	20	21	13	14	15	16	17	18	19
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26
25	26	27	28	29	<u>30</u>	<u>31</u>	29	30					27	28	29	30	31			

**2009/2010 Field Day Dates, Venues and Boundaries**

Following is a list of the next few Field Day dates, venues and boundaries.

Dates	Venue	Boundaries and more details
16-17 May 2009	Capes South	Margaret River Mouth/Blackwood River Mouth
30 May – 1 June 2009 LWE	Wagoe Safari	Port Gregory/Murchison River Mouth
11-12 July 2009	Capes North	Margaret River/Busselton Jetty

**2008/2009 Dry Casting Dates.** All are at Yokine Reserve, Wordsworth Avenue, Yokine, starting 8:30am.

Sunday, 3 May 2009	Sunday, 7 June 2009
Sunday, 5 July 2009	Sunday, 2 August 2009

**2008/2009 General Meeting Dates.** All at Coolbinia West Perth Amateur Football and Sporting Club room, Wordsworth Avenue, Yokine, start 8:00pm

Wednesday, 13 May 2009	Wednesday, 10 June 2009
Wednesday, 8 July 2009	Wednesday, 12 August 2009

### **FROM THE EDITOR**

It is with regret that I have tendered my resignation from Committee duties and therefore relinquish my position of Reel Talk Editor and Vice President. I have enjoyed bringing you the results and details of forthcoming events, as well as general information and stories. I thank all who have helped me compile the Reel Talk, namely Terry Fuller, who of course handed over the reins to me, Peter Pekaar, who helped me proof read the Reel Talk, once he finally got his report in, and a number of people who have submitted stories. Melvin Wee's was a particularly amusing read when we stayed at Cervantes one time, and Jenny Head gave me the following story which she put together whilst on the road with her husband, Mal Head.

But the pressure of meetings running into the late hours of the evening and various other issues have resulted in me stepping aside.

***Marcia Pekaar***

### **MAL & JENNY HEAD'S TRIP 2009**

*This is Jenny Head's story about her and Mal's trip to the 31<sup>st</sup> National Angling Championships and Convention at Wallaroo, South Australia and beyond to Melbourne, Brisbane and Cairns March – June 2009.*

After many months of talking, planning and organising, it was time to leave for South Australia. Car serviced, camper checked, 18ft PVC pole for rods, mail sorted, lawns organised to be cut etc ... all done. Now what day will we leave? Wednesday, "No" Mal has to go to the Club meeting and collect the cans. Okay, Thursday, "No" Jenny has developed a tooth ache so it's off to the dentist. So, now it will be Friday. Friday 13<sup>th</sup>, well that doesn't matter, we are not superstitious, so it's Friday we leave. Up early Friday morning, all packed up, rods tied on, camper hooked up, all ready to go. Down the road, stopped at the lights, BANG. What was that?! Oops, Mal had forgotten to put the pin in the tow ball to the camper trailer. The camper had jumped forward straight into the back of the car and number plate. "Not to worry", said Mal, as he pushed the camper back onto the tow ball. Lucky the chains were put on properly. No problem. Off we go again, heading to Norseman for the night with a big dent in the car and Mal's pride also dented.

Next day heading to the border, down the 146.6km road, "Australia's longest straight road". Sailing along at a steady 100kph with coffee and lunch breaks, changing drivers every two hours. Happily singing along with Slim Dusty, Marty Robbins, and Jim Reeves. Stopped at Eucla Caravan Park just 12km to the South Australia border. Next morning, off to Border Village, photo sessions with the Big Kangaroo and the Welcome to South Australia Border sign and then it was off again. Finally into South Australia, heading to Ceduna. It was perfect weather for travelling. The Nullabor consists of low scrub and when you get to the Nullabor Roadhouse, it changes into windy road and trees, quite a contrast. Everything was so lovely and green, a beautiful drive. As we drove into the Nullabor Roadhouse in the middle of nowhere, there to greet us was a family of six dingoes. A great photo shot along with the "Big Whale".

It's amazing you don't see many cars and caravans on the road, plenty of road trains (three trailers long) roaring down the highway. But when you stop at the roadhouses, there are cars and vans everywhere. Where do all these people come from? It's the same in the caravan parks, people seem to appear from nowhere.

As we headed to Ceduna, we passed through Penong. It was back into civilization again, houses, football fields, tennis courts, school zone, lovely rest area and 50km speed limit. Penong is a wheat growing area and they have had plenty of rain. All the soil looked so rich and green. Then it was through the South Australian quarantine check station and onto Ceduna. Our text messages started going off, back into mobile phone coverage at last. This is definitely civilization again. Arrived at Ceduna mid-afternoon, set up camp, time for a stroll along the beautiful foreshore and the jetty. Water, sea air and a glass of wine. This is the life for us.

On the road again next morning heading to Port Augusta, getting well into this tourist mode. Varying countryside, beautiful day, sun shining and Kenny Rogers singing to us "My World Begins and Ends With You". (How romantic is that?) Heading to Kimba for lunch. When we arrived, six caravans, four cars are already there having lunch at the rest area. As we got out of the car, there in all its glory was the "Big Galah" (not Mal) and I mean Big – 8 metres high, 2.5 metres wide and weighing 2.3 tons. Definitely a photo shot. The sign across the top of the shop read "Half Way Across Australia" and we were starting to feel that way. Eyre Highway, here we come. Down through the town of Iron Knob, an open cut mine (iron ore), right on the highway, then on to Port Augusta. The Flinders Ranges were a picture to be seen, a few white clouds just sitting on top of the ranges and the sun shining brightly, what a beautiful sight. Arrived at Port Augusta; Adelaide here we come, tomorrow. As we headed to Adelaide, passed through Port Wakefield and checked on the Yorke Peninsula sign when we need to come back to the Championships. Dual carriage way from Port Wakefield into Adelaide, easy driving. Arrived at Glenelg, our caravan park right on the beach. This will do us nicely for the next three days. Time to catch up on some washing, relaxing, walk along the beach, see our friends, and just be a tourist. No set plans, just do as we please. Life could not be any better. Three lovely days in Adelaide, it was time to move on, up the Port Wakefield Highway to the Yorke Peninsula then heading to Wallaroo for our 7<sup>th</sup> Championships. Arrived at Wallaroo around lunchtime to be greeted by Leonie, Bob and their brand new caravan. Unpacked and set up camp, then time to catch up with some Victorian and New South Wales opposition who had also arrived today.

The Convention is held every two years in different States. The WA Casting Team arrived on Saturday. They had flown to Adelaide and hired a bus to Wallaroo. Time for some serious practise each morning before the competition on Wednesday and Thursday. At the Opening Ceremony, each State raised their flag. The Western Australian Team looked very smart in their black and gold uniform. The casting all went off well. Well done to all those who participated and congratulations to the winners. A good time was had by all and we look forward to the next one at South West Rocks, New South Wales in 2011. After two weeks at Wallaroo, it was time to say farewell to old friends as well as the new friends whom we had met. We will be heading to Melbourne to see our daughter, son-in-law, and two beautiful grand-daughters who are eagerly awaiting our arrival. Time to check out Melbourne tourist spots and see some AFL football games before we fly up to Cairns for two weeks, and then catch the Sunlander train down to Brisbane to catch up with friends. We'll return back to Melbourne to pick up our car and camper and begin our journey home to Perth. We hope to be back in June, so keep all the cans and bring them along to the June General Meeting.

**Jenny Head**

## **SOME SIMPLE, ALMOST UNIVERSAL, QUESTIONS**

Here are some simple questions to think long and think hard about, get advice from other people, and answer **realistically** and honestly with as many details as possible.

- Question 1. What do you **want** to achieve?
- Question 2. Have you **really** thought about all the possible ways of achieving what you say you want to achieve?
- Question 3. Is what you are doing the **only** way to achieve what you want, and if not, is it the **best** way?
- Question 4. What will you **actually** achieve by doing what you are talking about / planning to do / proposing to do? Include **everything** that will result from doing it, not just the immediate result, but include all the foreseeable things and all the **probable** and possible things, both positive and negative.

If the answers to Questions 1 and question 4 are the same, that's great.

If the answers are **NOT** the same, then answer this:-

- Question 5. Why are you doing that?

Why would anyone say they want to achieve something, but act in a way that will not actually achieve that? "Designed and guaranteed to fail," "waste of everyone's time" or "hidden agenda" come to mind.

Yes, I know, these are simple motherhood questions, everyone knows that, etc. But do they do it?

**Terry Fuller**

## **RANDOM THOUGHTS**

The following uses parts of an article from the October 2004 Reel Talk with some updates. These thoughts and suggestions are based on what works for me and what doesn't work as well for me, or what goes smoothly and what goes less smoothly, experience and lessons from successes and failures and mistakes. Of course, nothing is ever always good or bad, because there can be shades in between. And you might think differently.

Why is this in this edition of the Reel Talk? What's the relevance to the Surf Casting and Angling Club at present? I'll leave that for you to work out.

**"Do they know enough to know what they don't know?"** Or do you? If people don't know enough, they can think that they do know it all, simply because they don't realise the limits of what they do know.

There's so much to know, and we can't all know about everything. But we can all ask questions, we can all get other people's opinions and ideas and knowledge, we can all do some research and homework and get informed and collect the details before we start on deciding what to do.

**Questions.** Never ask a question or force an answer if you already know and/or might not like the answer. Find a different way of handling it. Or you might regret you asked that question.

Know the other side and what he is likely to do, how he will react. Be careful of starting a fight you might lose. Be careful of winning on a few issues, but losing out overall.

**The Message or the Messenger?** If you don't like the message, do something. But first make sure you really do understand the whole message and haven't misunderstood. Read or listen to it and think about it all - don't just react to it or react to the messenger.

If the message fits you, then accept it and deal with it; but don't just "shoot the messenger".

Evading or avoiding or ignoring the issues in the message or the person raising them is not actually dealing with them. Sometimes it takes a lot more time and hassles to avoid an answer than it would take to just do it once and do it properly. Some issues may need to be handled by agreeing to disagree.

**Play the man or play the ball?** If you attack the man, not the issue, you will lose or risk losing lots of support. Attacking the issue can be just as effective, and can be used to show all the problems. It should focus on what has or has not been done, but should not be a personal attack. If you don't have a good case to put about the issue, how do you expect to convince others to support you?

If you attack the man, what sort of cooperation from him can you expect in future? Beware of winning on one issue and losing out big time for the rest of the time and you might still need to get his cooperation on some things.

**Cooperation or confrontation?** You can get more done by cooperation than by confrontation. Give credit where it is deserved. Criticise what has been done, not the person who did it. Save that for much, much later when and only if rarely it might be the right thing to do.

Like them or not, some people have influence, contacts and knowledge, and/or are recognised by people as someone who **should** be listened to. Who loses if you refuse to work with them? Use them where they can help. Do your own thing where that works and you know enough. If something doesn't work, think about it try something else.

**The truth.** The truth stands - but just being true is not enough to justify it. Some part-truths can be just as bad as lies if they mislead and especially if you know (or should know) that they will mislead.

It's a lot easier to always tell the truth, or enough of it not to mislead, or if that doesn't suit the purpose, just say nothing. Remember the old saying *"you can fool all the people some of the time, you can fool some of the people all of the time, but you can't fool all of the people all of the time."*

**Putting a case.** Don't overstate the case or risk getting proved wrong. If the case is weak, informed people who care enough will respond and show the weaknesses in the case and the weaknesses in the processes.

Don't make a statement unless you are sure of the facts. Instead ask a question to find out. Then quote and list the sources of all information or "facts" used.

**Repeating things.** Just saying things many times, or saying the same things more forcefully **doesn't make them right.**

Repetition and forcefulness are techniques used very successfully at times to passive or one-way audiences, especially in the media. If people see the same things in different places, some will think it must be right, mustn't it?

But it's dangerous and a waste of time to use that repetition technique on informed people who can see what is going on, and will challenge and put the alternatives or the facts so that people get to see the other alternatives.

## **Do it once, do it properly...**

Doing things takes valuable volunteer time, or costs money. How can this time or cost be reduced? Do it once, do it properly, record it and then move on to the next task makes a lot of sense.

How much extra time will it take to record how the job was done, so the next time it comes up it can be handled with the same consistent result? What if a different person has to do it the next time? How can he be expected to know how to do it and get a consistent answer if none of the method, issues and history are recorded? How much time will be wasted investigating and deciding instead of just using the records from the first time or previous time it was done?

**Fireman or Fire Prevention Officer?** Who is most valued? Who is the first to get cut back when someone is trying to “save” money or cut staff? Who is always welcomed when the fire’s blazing and disaster looms? Who often doesn’t get any credit when there weren’t any fires this week/ this month/ this year?

Who is seen as just a pedantic pain in the backside with fire prevention regulations and rules stopping people from doing risky things they think they should be able to do? See “*do they know enough to know what they don’t know?*”

So if you want to be valued by people who don’t think too hard, then become a “fix it” person who is good at putting out the fires, mending things, fixing up the hassles and getting people out of trouble.

But the **really valuable person** is the one who works in the background and stops those unwanted things and those hassles from ever happening, so the fixes aren’t needed, things run smoothly and people’s valuable volunteer time is spent on **new and essential productive work**, not wasted redoing and rehashing the same stuff over and over and over again.

***Terry Fuller***

## **HAPPY BIRTHDAY**

*My apologies to **Jimmy Strong** who celebrated his 87<sup>th</sup> birthday on 26 April 2009. I omitted his name from the list in last month’s Reel Talk.*

*The following members celebrate their birthday in May:*

Mal Harris: 3 May  
Leanne Heaney: 15 May  
Marcia Pekaar: 20 May  
Joe Pullella: 22 May  
Peter Stoeckel: 25 May  
Ron Hicks: 28 May

**Recorders Report For May**  
**2008 – 2009**  
**2008 - 2009 Open Competition Results till April 2009**

Section	For	Min Weight	Details
1.	Most Meritorious Capture	None	Winner chosen by the Committee, if the Committee considers meritorious enough.
2.	Best Shark	4.5 kg	
3.	Best Mulloway	5.0 kg	
4.	Best Salmon	3.5 kg	
5.	Best Dhufish	Legal size	
6.	Best Tailor	1.5 kg	
7.	Best Samson Fish	1.5 kg	
8.	Best Fish on single handed rod, maximum 4kg line class	Legal size	Mal Harris Bluelined Emperor 1.3 kg Shelter Bay Shark Bay
9.	Best Pink Snapper	2.0 kg	
10.	Best Tarwhine	0.5 kg	
11.	Best Mackerel	4.0 kg	
12.	Best Skipjack Trevally (southern)	1.0 kg	George Holman Wagoë 1.1 kg
13.	Best Trevally (northern)	4.0 kg	
14.	Best Snook/Pike	0.5 kg	
15.	Best Black or Yellow Fin Bream	0.6 kg	Ian Cook Black Bream 1.561 kg Frankland River Nornalup
16.	Best Scale fish other than sections 3 to 14	2.0 kg	George Holman Wagoë Morwong 4.0 kg
17.	Best Fish caught on Fly Rod.	Legal size	

**Field Day Sections up to and including April**

	Section	Angler	Species	Weight
1A	Best Scale Fish (1st Six Months)	Ian Cook	Samson Fish	14.125
1B	Best Scale Fish (2nd Six Months)			0.000
2	Most Meritorious Fish	Ian Cook	Samson Fish	14.125
3	Best Shark (4.5kg min)	Melvin Wee	Shark	6.755
4	Best Mulloway (2.0kg min)			0.000
5	Best Tailor (1.0kg min)	George Holman	Tailor	4.088
6	Best Salmon (3kg min)	Mark Hansen	Salmon	3.842
7	Best Skipjack Trevally (0.5 kg min)	Peet Wessels	Trevally, Skipjack	1.072
8	Best Mackerel (2kg Min)			0.000
9	Best Scale Fish (Other than above)	Ian Taggart	Samson Fish	12.145
10	Best Bag Of Scale Fish	Ian Cook	Mixed Bag	29.296
11	Best Bag Of Mulloway (2 Fish Min)			0.000
12	Best Bag Of Tailor (2 Fish Min)	George Holman	Tailor	4.790
13	Best Fish On S/H Rod 4kg b/s line (max)	Lea Taylor	Whiting, Yellowfin	0.382
14	Best Fish Caught on Fly Rod			0.000



## Rottnest Island Field Day August 2009

Payment for the August Field day is required by the June general meeting.  
Cost is \$170 including accommodation, transport and ferry.

## Barron Lure Competition 2008 - 2009

Heaviest Tailor

Heaviest Salmon            Mark Hansen            3.842

\*\*\*\*\* **PLEASE READ** \*\*\*\*\*

### Shark Bay Safari

The Shark Bay Safari has been cancelled due to the number going reducing to six people. It was not cost effective to proceed with the Safari with this number.

The Committee has looked at alternatives for the same time period and has decided on a new option.

The Club **Kalbarri** house will be made available to members from Thursday, 28 May through till Sunday, June 7. In addition, we will rent the house next door from Saturday, 30 May till Sunday June 7 if required.

The cost per member for the week will be approximately \$60. Members going up early will be in the Club's house and those coming up at the weekend will utilise the rental accommodation.

This will give us two showers and toilet facilities for the group. Members can come for the long weekend or stay for all or part of the following week.

Please advise Vix if you wish to utilise the accommodation and indicate the time period you wish to be there.

We will need to get the accommodation next door booked and paid for ASAP or we could miss out on the rental property due to the Foundation Day LWE, 30 May to 1 June.

The Field Day details will be as previously listed in the Reel Talk.

***Tight Lines, Cookie***

### CLUB CLOTHING

Please phone John Crompton on 9249 6209 to purchase any of the following:

SURF CASTERS CLUB COLORS			
Shirts S/L \$30.00	Shirts L/S \$30.00	Polo Jackets \$50.00 Each	
2 x 12	1 x Size 16	Heavy Jackets	Light Jackets
2 x 14	3 x Size 24	2 - XL	2 - XL
1 x 16	1 x Size 26	2 - S	1 - XXL
1 x 18			
1 x 20			
1 x 26			

## State Dry Casting Records

### 112 gram Level Line Distance

	Western Australian State Record		
<b>Men</b>	G Holman	196.24 m	20/03/2001
<b>Females</b>	S Osborne	132.0 m	29/11/1987
<b>Veterans</b>	G Holman	178.9 m	21/10/2006
<b>Juniors</b>	H Holman	159.0 m	01/10/1988

### 56 gram Level Line Distance

	Western Australian State Record		
<b>Men</b>	C Riegert	170.70 m	26/10/2003
<b>Females</b>	S Osborne	130.00 m	25/08/1995
<b>Veterans</b>	G Holman	154.85 m	14/10/2008
<b>Juniors</b>	Rhys Jones	138.5 m	30/10/2005

### Artificial Bait Level Line Distance up to 112 gram

	Western Australian State Record		
<b>Men</b>	J Pullella	158.86 m	20/03/2001
<b>Females</b>	S Onderwater	113.3 m	18/08/1985
<b>Veterans</b>	G Holman	147.12m	14/09/2008
<b>Juniors</b> <i>To be confirmed</i>	D Bell	133.96 m	26/10/2003

### Double Handed Accuracy up to 112 gram

	Western Australian State Record		
<b>Men</b>	G Gildersleeves	171/200	06/07/2003
<b>Females</b>	S Osborne	158/200	03/08/1986
<b>Veterans</b>	G Gildersleeves	176/200	26/10/2008
<b>Juniors</b>	H Holman	163/200	01/06/1986

**Records Correct at 30/03/2009**

**State Recorder, Ian Cook**



**The AAA of WA State Team  
Photo Courtesy of George**

### **CLUB MEMBER DETAILS**

Thank to those members who have returned their forms. So far I have received about 20 forms. Therefore there are still quite a few outstanding. It is essential that everyone returns the form so we can be confident we have your correct contact details. Please post or hand in your form as soon as possible. If you require another form, please contact Marcia Pekaar by phone or email.

### **Recfishwest Report for Surfcasters General Meeting 8 April 2009**

#### **1. Meeting of the Shoalwater Islands Marine Park Focus Group 30 March 2009 - Point Peron sanctuary zone proposal.**

Background:- This sanctuary zone had been proposed by the then Minister and local member Mark McGowan in 2006, very late in the process and outside of all of the accepted consultation processes. The Focus Group had refused to include it in the 2007 Management Plan, however the plan listed that further discussion would occur.

Objectives for the zone had been prepared by Dept of Environment and Conservation staff for consideration by the Focus Group, with proposed boundaries including two alternative "*concessions*" to recreational fishing.



## Objectives

1. To protect a representative area of high diversity macroalgal dominated subtidal reef and the intertidal reef habitats (which are not adequately represented in the other sanctuary zones in the Shoalwater Islands Marine Park).
2. To facilitate the monitoring and research (in collaboration with Perth's tertiary institutions) of representative intertidal and macroalgal dominated subtidal reef communities
3. To provide accessible protected areas of diverse habitat and species for local schools, tertiary institutions and the community for marine education programs.
4. Provide divers and snorkelers a unique opportunity close to Perth where they can view a wide diversity of large fish and invertebrates by swimming straight off a readily accessible beach. To protect the existing Pt Peron snorkel trail.
5. To maintain a portion of Cape Peron for families and individuals for shore based fishing.

There were comments that the objectives were unrealistic and unachievable considering the degraded state of the near shore area, and that objectives had been assembled to justify the chosen area, rather than areas chosen to meet objectives.

There were the usual "sanctuary zones are essential to preserve biodiversity" claims, and "they are not fisheries management." There were very conflicting opinions about the impacts already on the inter-tidal zone. Major concerns seem to be the about heavy spearfishing pressures resulting in low numbers of resident fish remaining. Agreements on resource sharing is the main issue.

A summary of major points from the meeting, to be written up, and considered further by the Focus Group is:-

Activities and threats – must deal properly with ALL the pressures, including non-extractive activities.

Must do proper risk assessments and prepare targeted responses. Eg, the impact of fishing for pelagic species such as herring, skipper, tailor and salmon and what would be the real benefits of banning these highly valued activities.

No take areas displace fishing effort and the impact on nearby areas must be understood.

Objectives must be realistic and achievable.

The area has a range of social values for a large and increasing nearby population, including fishing, conservation, education, etc.

Must build knowledge about these values and activities and all their impacts.

Must have current benchmarks for the areas before changes (good or bad) could be measured.

Enforcement could be costly or the zone may be ineffective.

Point Peron is already heavily affected and is not a good choice for biodiversity preservation.

Where would/does this zone fit into the BIG picture? Shoalwater Marine Park boundaries are very small and restrictive. Those objectives may be better able to be achieved elsewhere or nearby, eg Garden Island, recent Rottneest sanctuary zones, Marmion Marine Park's seven-year overdue review.

## **2. Cockburn Sound Crabs**

Recfishwest has had the first meeting specifically aimed at deciding the fishing arrangements for Cockburn Sound Crabs later in 2009. The Department of Fisheries has now acknowledged that commercial crabbing under the previous commercial management rules is unsustainable in Cockburn Sound.

## **3. Future Consultative Structures and Recfishwest**

One of the significant changes to result from the Integrated Fisheries Management (IFM) system will be to better define the roles and responsibilities of the commercial and recreational sectors in managing their share of the resource. The Minister has expressed a strong preference for only a limited number of groups to provide him with advice.

The Recreational Fishing Advisory Committee and Regional Recreational Fishing Advisory Committees have been advised that regional recreational consultative structures will change.

It is likely that Recfishwest will play a much greater role in the future. Accordingly, Recfishwest has considered what this will require of its Board structure and staff, and a Strategic Planning Meeting of the Recfishwest Board is planned for 9 May.

## **4. Fishing Restrictions Proposed for Green Pool, Denmark**

The Dept of Fisheries has issued a media release with details of consultation about the proposed closure of fishing in Green's Pool, approximately 15 kilometres west of Denmark, popular almost year round for swimming or fishing, due to the protection provided by the surrounding rocky headland.

However, conflict between users has led to a number of requests over several years for fishing to be prohibited. It has been suggested the presence of fishers, as well as fishing hooks and other tackle left behind or lost in the water, are a hazard to swimmers, snorkelers and beach visitors.

The proposed prohibition would apply to the take of all marine life by line, net and spear within a defined area covering approximately 600 metres of beach and headland.

Public comment was being sought from as many members as possible in the local Denmark community as well as surrounding areas. Closing date for submissions is 29 May 2009.

## **5. Yellow Tail Kingfish Escapees From Failed Jurien Bay Aquaculture**

Many reports are coming in of tame and easily caught under legal size yellow tailed kingfish at Jurien, Green Head and other places south of Jurien, including Yanchep and Rottneest.

Western Kingfish's Jurien Bay aquaculture farm suffered severe fish stock losses from bacteria in November 2008. The deaths of more than 30,000 fish, along with the difficult economic climate forced the company into voluntary administration in December 2008. Some company assets have since been sold.

It is believed that some of the yellow tailed kingfish escaped from the six cage system farm stocked with yellowtail kingfish reared in the hatchery from adults which had been captured nearby.

The Western Kingfish website <http://www.wkl.com.au/> has not been updated for some months, and still has details and photos of the operation late in 2008.

## **6. Recfishwest Membership**

Recfishwest is the peak body representing the interests of recreational fishers in Western Australia. Last year when the organization was under threat, recreational fishers supported Recfishwest, but **we need you to continue that support.**

Decisions to be made in 2009 will affect future fishing opportunities for your children and grandchildren. Recfishwest intends meeting these challenges and assures you that we will be the most effective vehicle for getting your views heard in this crucial year.

Recfishwest is **your** public voice whenever decisions which affect our fisheries, or access to them, are being made. We want you to become a member of Recfishwest or to renew your membership. Membership costs only \$20 a year per person, \$40 for families and \$10 for seniors.

Please contact the office on (08) 9246 3366, email to [recfish@recfishwest.org.au](mailto:recfish@recfishwest.org.au) or apply at the Recfishwest website, <http://www.recfishwest.org.au/MembershipDet.htm> Together we can make a difference!!

This report has been prepared by **Terry Fuller**, your Recfishwest Board Member for the Australian Anglers Association working voluntarily on your behalf. Contact Terry on 9447 4545 or email [terryfuller@iinet.net.au](mailto:terryfuller@iinet.net.au) with any questions or comments.

### **WALLAROO THANK YOU**

#### **AAA of WA State Team**

#### **Casting at the Convention in Wallaroo, South Australia 2009**

***By Peter & Marcia Pekaar***

We recently returned from the Wallaroo Convention, where Western Australia enjoyed success in both team and individual casting events. This trip was made possible largely through the efforts of two gentlemen in particular – George Holman and Bob Henderson. They worked tirelessly up to, during and after the convention, even staying on in South Australia to attend the closing ceremony and tidy up any loose ends. In the two years leading up to the South Australian Convention, there were several meetings held, all of which were at George's house. George also co-ordinated the financial side of things, eliciting the assistance of Marcia as Treasurer. Ian Cook was also instrumental in making our trip run smoothly by taking on the responsibilities of organising rod transportation and bus hire, and whilst in South Australia he was the sole bus driver, for which we are all eternally grateful. Bev Grigo and her secretary also deserve recognition as they did a lot of ringing around and negotiating with Qantas to get us the best possible deal on our group tickets.

Bob Henderson and George Holman secured accommodation for our group at the mid-term meeting in 2008. This accommodation was certainly adequate and we thank Bob & George for choosing quarters for us all, especially as there was such a large number of us to cater for. Not only did they have to consider the needs of the casting group who were to sleep in the cabins, but they also needed to choose a site where the Henderson and Head families could join us, as they were all travelling with caravans in tow. Kadina was an alternative venue, but by choosing the site they did, at Wallaroo, meant we had access to more venues at which to eat, we had the ocean literally at our doorstep, and the opportunity to explore the historic township.

Being proud members of the successful WA Team, we would like to thank George and Bob who were the driving force behind the WA State Team getting to the Convention in South Australia. We now look forward to attending the 2011 Convention in New South Wales.

**THE WINNING LADIES' TEAM  
WALLAROO CONVENTION 2011**



***Marcia Pekaar, Wendy Hansen, Vix Alexander***

**2011 CONVENTION IN NSW**

Please see the flyer in this month's Reel Talk which gives a brief summary of the Casting & Fishing Convention due to be held in 2011.

**MARCH DRY CASTING**

I would like to apologise for not including a Dry Casting Officer's report in the April Reel Talk. Work commitments, general and committee club meetings, AAA meetings and preparation for the Wallaroo Convention meant I had hardly any spare time available. Thanks go to all the people who helped set up for the day's dry casting. All the scorers deserve a mention: AJ, George, Gary, Marcia & Peter Stoeckel. Peter Stoeckel did the bulk of the scoring in the Seniors and also scored through one practise round of Double Handed Accuracy that he insisted we do for extra practise prior to the Wallaroo convention. Thank you, Peter.

***Peter Pekaar  
Dry Casting Officer***

## Dry Casting Results, 5 April 2009

Results for the day	56 gram			Artificial Bait			112 gram			Double Handed Accuracy								Single Handed Accuracy					Day Total	Attendance		Total Points	
	Cast 1 (m)	Cast 2 (m)	Points	Cast 1 (m)	Cast 2 (m)	Points	Cast 1 (m)	Cast 2 (m)	Points	Target number								Target distance									
										3	3	1	1	4	4	2	2	Points	L	S	L	S		Points			
	Seniors	1 (m)	2 (m)	Points	1 (m)	2 (m)	Points	1 (m)	2 (m)	Points	3	3	1	1	4	4	2	2	Points	L	S	L		S	Points		DC
Malcolm Harris	123	119	24	109	120	23	144	146	29	19	20	21	23	6	0	5	7	101	1	4	0	0	5	182	10		192
Peter Pekaar	122	124	25	122	109	23	137	138	28	0	15	25	14	7	6	5	15	87	4	1	5	0	10	173	10		183
Rhys Jones	100	101	20	109	108	22	142	0	14	14	7	25	0	22	7	0	0	75	0	0	0	0	0	131	10		141
Greg Keet	79	80	16	81	91	17	102	109	21	20	0	5	13	0	0	9	20	67	0	0	3	6	9	130	10		140
Eric Parker	90	101	19	89	82	17	108	91	20	15	21	18	2	0	0	7	0	63	6	1	4	0	11	130	10		140
Peter Stoeckel	79	83	16	90	91	18	113	108	22	15	0	0	22	8	2	0	5	52	4	3	10	5	22	130	10		140
Ian Cook	124	118	24	0	109	11	123	123	25	0	10	2	6	0	0	11	0	29	3	0	3	5	11	100	10		110
<b>Veterans</b>																											
George Holman	89	113	20	92	94	19	123	134	26	16	23	23	24	21	11	15	22	155	5	10	8	8	31	251	10		261
Gary Gildersleeves	107	111	22	100	100	20	126	118	24	14	14	20	23	15	19	22	20	147	0	7	8	7	22	235	10		245
Allan Jones	113	114	23	101	86	19	115	115	23	17	19	19	23	18	9	21	13	139	0	7	5	7	19	223	10		233
Terry Fuller	92	77	17	80	79	16	90	97	19	18	19	21	0	21	16	21	2	118	7	9	5	10	31	201	10		211
Jim Strong	62	56	12	57	59	12	70	71	14	14	21	11	20	12	14	17	22	131	4	0	6	4	14	183	10		193
Dean Stewart	32	76	11	70	78	15	0	72	7	12	17	9	20	21	17	21	7	124	4	5	0	7	16	173	10		183
Geoff Raftis										16	18	14	12	0	14	11	19	104	8	8	0	3	19	123	10		133
John Crompton	93	59	15	65	71	14	91	98	19	0	16	0	17	0	0	4	18	55	4	4	1	0	9	112	10		122
Trevor Stam	78	87	17	66	62	13	57	70	13	0	0	20	0	0	0	13	11	44	0	0	0	0	0	87	10		97
<b>Ladies</b>																											
Vix Alexander	91	85	18	78	70	15	106	103	21	13	14	18	20	17	5	7	20	114	0	7	0	0	7	175	10		185
Marcia Pekaar	94	83	18	70	68	14	94	96	19	21	16	12	19	15	7	0	18	108	1	6	7	0	14	173	10		183
Michelle Walker	21	36	6	32	36	7	35	47	8	0	0	0	5	0	0	0	14	19	0	0	0	4	4	44	10		54
<b>Juniors</b>																											
Holly Walker	40	33	7	30	28	6	35	22	6	0	0	4	0	0	0	0	22	26	0	3	6	0	9	54	10		64
<b>Mini Juniors</b>																											
Kaitlin Stoeckel	16	11	3	16	18	3	11	19	3	0	6	5	16					27	0	0	0	0	0	36	10		46
Felicity Keet	29	34	6	25	28	5	25	22	5	0	0	18	0					18	0	0	0	0	0	34	10		44
Olivia Keet	12	11	2	16	17	3	12	17	3	0	7	0	6					13	3	0	0	0	3	24	10		34

Note. Does not include points for attendance at April General Meeting



## Dry Casting Winners for 5 April 2009

Event	Seniors winner		Veterans winner	
56 gram Score	25	Peter Pekaar	23	Allan Jones
56 gram Distance	124	Peter Pekaar, Ian Cook	114	Allan Jones
Artificial Bait Score	23	Malcolm Harris, Peter Pekaar	20	Gary Gildersleeves
Artificial Bait Distance	122	Peter Pekaar	101	Allan Jones
112 gram Score	29	Malcolm Harris	26	George Holman
112 gram Distance	146	Malcolm Harris	134	George Holman
Double Handed Acc.	101	Malcolm Harris	155	George Holman
Single Handed Acc.	22	Peter Stoeckel	31	George Holman, Terry Fuller
Section Highest Points	192	Malcolm Harris	261	George Holman

Event	Ladies winner		Junior winner		Mini Junior winner	
56 gram Score	18	Vix Alexander, Marcia Pekaar	7	Holly Walker	6	Felicity Keet
56 gram Distance	94	Marcia Pekaar	40	Holly Walker	34	Felicity Keet
Artificial Bait Score	15	Vix Alexander	6	Holly Walker	5	Felicity Keet
Artificial Bait Distance	78	Vix Alexander	30	Holly Walker	28	Felicity Keet
112 gram Score	21	Vix Alexander	6	Holly Walker	5	Felicity Keet
112 gram Distance	106	Vix Alexander	35	Holly Walker	25	Felicity Keet
Double Handed Acc.	114	Vix Alexander	26	Holly Walker	27	Kaitlin Stoeckel
Single Handed Acc.	14	Marcia Pekaar	9	Holly Walker	3	Olivia Keet
Section Highest Points	185	Vix Alexander	64	Holly Walker	46	Kaitlin Stoeckel

Event	Overall winner for April		Year's best up to April	
56 gram Score	25	Peter Pekaar	33	Peter Pekaar
56 gram Distance	124	Peter Pekaar, Ian Cook	163	Peter Pekaar
Artificial Bait Score	23	Malcolm Harris, Peter Pekaar	30	Rhys Jones
Artificial Bait Distance	122	Peter Pekaar	151	Peter Pekaar
112 gram Score	29	Malcolm Harris	35	Peter Pekaar
112 gram Distance	146	Malcolm Harris	177	Peter Pekaar
Double Handed Acc.	155	George Holman	166	Gary Gildersleeves
Single Handed Acc.	31	George Holman, Terry Fuller	34	George Holman
Section Highest Points	261	George Holman	299	George Holman

## Dry Casting Top Scores for 2008/9

Total scores up to and including April casting. Only the best 11 months out of 12 will count at the end of the competition year.

George Holman	3093	1	Eric Parker	1215	16	Greg Keet	140	31
Gary Gildersleeves	3037	2	Trevor Stam	1114	17	Jeff Hewton	138	32
Allan Jones	2512	3	Andrew Pekaar	1095	18	Keepa Walker	131	33
Terry Fuller	2305	4	Jim Strong	1052	19	Greg Walker	121	34
Peter Pekaar	2290	5	Wendy Hansen	984	20	Jess Thomson	106	35
Malcolm Head	2058	6	Holly Walker	965	21	Visitor 1	103	36
Marcia Pekaar	1961	7	Joe Pullella	800	22	Visitor 2	90	37
John Crompton	1839	8	Ian Cook	679	23	Ben Pullella	89	38
Rhys Jones	1676	9	Geoff Raftis	590	24	Visitor 3	83	39
Malcolm Harris	1634	10	Michelle Walker	571	25	Makaira Heaney	82	40
Vix Alexander	1512	11	Bev Grigo	536	26	Felicity Keet	44	41
Mark Hansen	1477	12	Kaitlin Stoeckel	418	27	Olivia Keet	34	42
Bob Henderson	1394	13	Keith Heaney	347	28	Michael Pullella	34	43
Peter Stoeckel	1269	14	Marlin Heaney	239	29	Michael Batchelor	21	44
Dean Stewart	1215	15	Chris McFarlane	217	30			

## DRY CASTING OFFICER'S REPORT

At this time of year, we have been treated to some beautiful cloudless mornings, but as mentioned in other Reel Talks, the strong easterly winds seem to hang around all day, which results in distances being kept down. I would like to thank AJ, Jimmy, George, John, and Peter Stoeckel for the help they provided to set up for the day, and to Kaitlin, Holly and Marcia for putting out the flags.

### Double Handed Accuracy Winners:

#### **Seniors**

Mal Harris            101 points

#### **Veterans**

George Holman      155 points

#### **Ladies**

Vix Alexander       114 points

#### **Juniors**

Holly Walker        26 points

#### **Mini Juniors**

Kaitlin Stoeckel    27 points

### Single Handed Accuracy Winners:

#### **Seniors**

Peter Stoeckel       22 points

#### **Veterans**

Terry Fuller           31 points

George Holman       31 points

#### **Ladies**

Marcia Pekaar       14 points

#### **Juniors**

Holly Walker        9 points

#### **Mini Juniors**

Olivia Keet           3 points

There were five bull's eyes for the day: one each to Peter Pekaar and Rhys Jones in the Seniors D/H Accuracy; and three in the S/H Accuracy: one to Peter Stoeckel and one each to Terry Fuller and George Holman in the Veterans' section.

It was good to see the Keet Family again, with Greg joining us in the Seniors and his two girls, Felicity and Olivia, to provide some strong competition for the Mini-Juniors. As a result, Felicity had the longest Mini-Junior cast of 34 metres against her team mates, Kaitlin Stoeckel and Olivia Keet. Congratulations, girls.

It was great to see Jimmy Strong among the high scoring D/H Accuracy competitors with a solid 131 points. Well done to George Holman for being our overall winner in April with 261 points.

### **Section Winners**

**Seniors:**        Mal Harris – 192 points

**Ladies:**        Vix Alexander – 185 points

**Veterans:**     George Holman – 161 points

**Juniors:**       Holly Walker – 64 points

**Mini Junior:**   Kaitlin Stoeckel – 46 points

***In May, Seniors Accuracy will be doing First, then Distance and the  
Vets & Ladies will be doing Distance First, then Accuracy***

### MARKER PLATES FROM ALLAN JONES

Allan Jones brought down new, shiny red marker plates for use on the D/H Accuracy Courts. Being brightly coloured, they are clearly visible and are a great asset to our Dry Casting equipment inventory. The yellow and black markers can become virtually invisible on the grass, but these new markers stand out for easy retrieval. We thank AJ for his innovativeness in manufacturing these markers and bring them along to Dry Casting.

### 112 Gram Open – 5 April 2009

Name	Cast 1	Cast 2	Cast 3	Cast 4	Cast 5	Best cast (metres)
Ian Cook	153.17	143.64	137.40	145.66	144.04	153.17
Mal Harris	141.47	137.79	148.27	141.06	148.53	148.53
Peter Pekaar	142.70	126.30	145.48	140.13	146.19	146.19
Vix Alexander	103.83	106.23	113.14	0	100.80	113.14
Marcia Pekaar	91.40	88.44	90.27	90.85	94.33	94.33
Michelle Walker	37.65	42.39	32.34	55.21	47.59	55.21
Holly Walker	48.48	36.94	45.95	41.51	45.65	48.48

By the time we had finished lunch and had a chat, the easterly winds seemed to be blowing even harder, and any thoughts of achieving big distances had been long forgotten. Both Michelle and Holly Walker had some good casts, considering the gusting winds, but the longest ladies' case went to Vix Alexander with 113.14m. There was only one cast over 150m and that was by Ian Cook with 153.17m, which is not only the longest cast for the event, but for the day. You have certainly earned bragging rights, Ian.

We packed up quickly at the end of the day with the assistance of the Walker Family, Mal & Vix, and Ian all assisting with retrieval of equipment, while Marcia collected the safety flags. Thank you to all who attended Dry Casting this month.

***Peter Pekaar, Dry Casting Officer***

After giving much consideration to finishing times at meetings lately, I have decided to step down as the Club Dry Casting Officer. I would like to thank all the Members who assisted on dry casting days. Their help made for an enjoyable morning, and gave me the opportunity to mix with like-minded people. My final thanks go to Andrew Pekaar as ADCO, who was only too willing to help in any way; and to my wife, Marcia, who did attendance sheets, casting order, collection of fees for the day, then somehow found time for a practise cast. At the end of the day she would then type up the score sheets which we would check before sending to Terry Fuller, and Terry's promptness in returning the completed score sheets for inclusion in the Reel Talk was, to say the least, impressive.

I wish my replacement all the best.

***Peter Pekaar***

# Drink Up

- Fluid replacement should be part of every sports person's activity plan.
- Exercise causes sweating, which deprives the body of vital fluids.
- Thirst is a poor indicator of your level of hydration.
- Dehydration can cause headaches, nausea, dizziness and heat stress.
- Adequate fluid replacement before, during and after physical activity will lessen the dangerous effects that dehydration can have on the body.

## Fluid Replacement Guidelines

- Always start exercise well hydrated.
- Participants of sport and those undertaking regular physical activity should note the following guidelines.
  - Before Activity** - drink 300-500ml, 45 minutes before activity.
  - During Activity** - drink 150-300ml every 15-20 minutes of activity.
  - After Activity** - drink plenty of fluids even if you don't feel thirsty.
- Coaches and parents should remember that children are at a greater risk of heat stress and should be encouraged to regularly take in fluids, have more frequent breaks and train for shorter periods of time.

## What to Drink

- Cool plain water is the best fluid replacement drink.
- Most sports people do not exercise at an intensity to warrant the use of a sports drink for rehydration. However, sports drinks are ideally suited to high-intensity and endurance sports to aid in recovery.

**So beat the heat, keep your fluids up, get up, get out there and get active!**

For more information:  
**Sports Medicine Australia**  
Website: [www.smawa.asn.au](http://www.smawa.asn.au)  
Email: [info@smawa.asn.au](mailto:info@smawa.asn.au)  
Phone (08) 9285 8033

